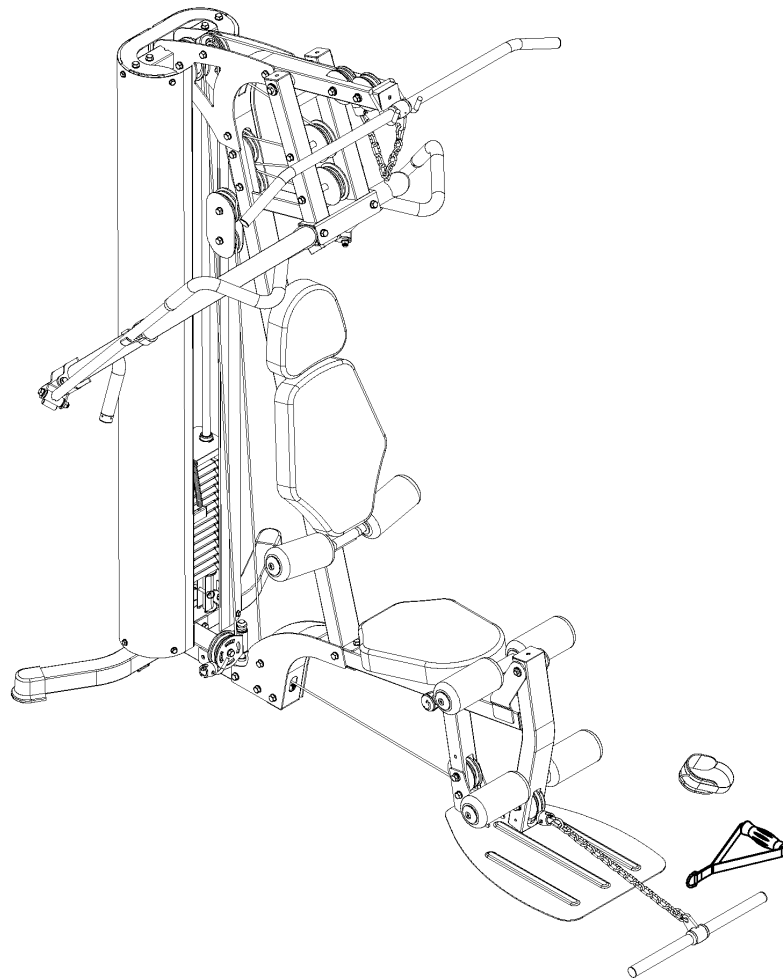


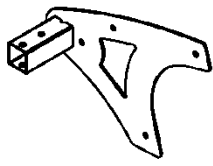
MARCY®

MWM-8307 Home Gym with Row Station Assembly Manual

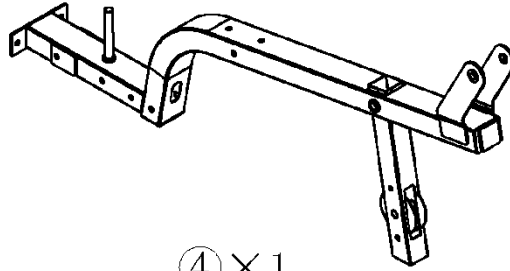


IMPORTANT : Please read the Important Safety Notice and Assembly Information in the Owner's manual before assembling this product.

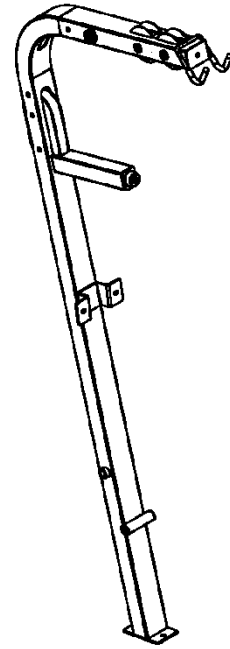
240922



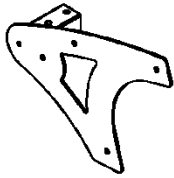
①×1



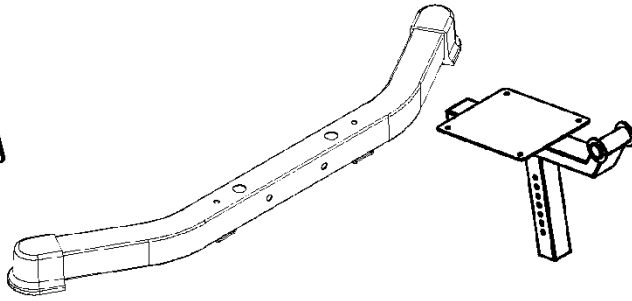
④×1



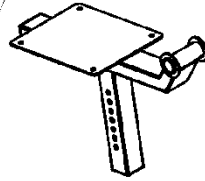
③×1



②×1



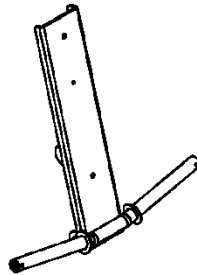
⑤×1



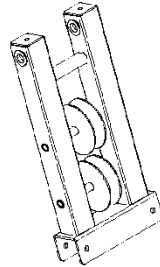
⑥×1



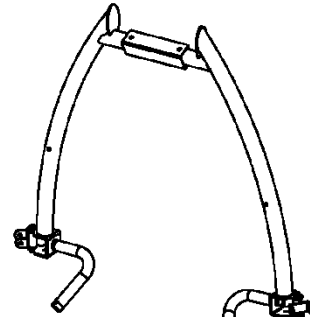
⑦×1



⑧×1



⑨×1



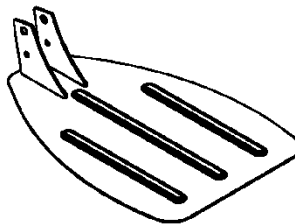
⑪×1



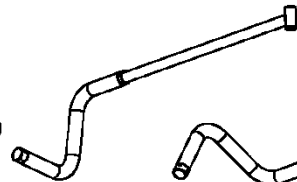
⑫×1



⑬×2



⑭×1



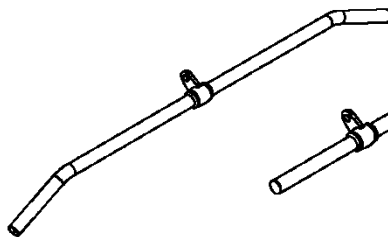
⑮×1



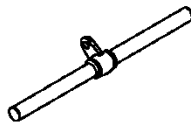
⑯×1



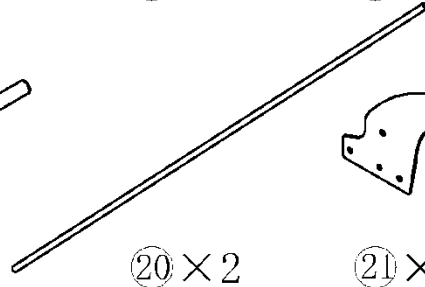
⑰×2



⑱×1



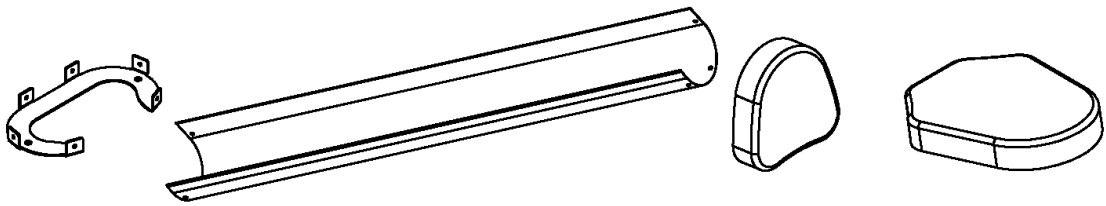
⑲×1



⑳×2



㉑×2

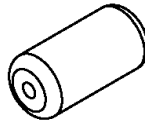
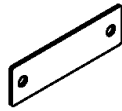
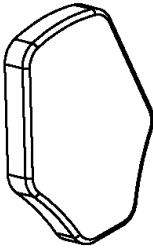


②②×2

②③×2

②⑥×1

②⑦×1



②⑧×1

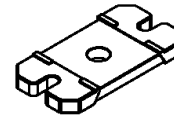
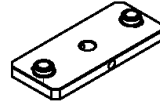
②⑨×1

③⑦×1

③④×6

③⑤×13

③⑦×1



③⑧×1

③⑨×1

④①×1

④①×1

④②×14



④③×2

④④×2

④⑥×2

④⑦×1

⑤①×6



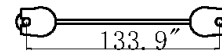
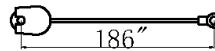
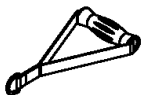
⑤③×2

⑤④×1

⑤⑤×2

⑥①×1

⑥①×4



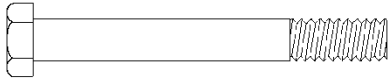
⑥②×1

⑥③×1

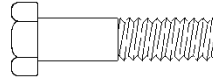
⑥④×1

⑧⑨×1

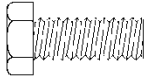
⑨①×1



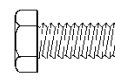
71 × 5



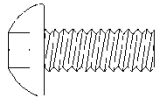
76 × 1



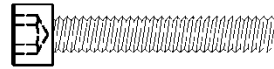
77 × 4



78 × 22



79 × 8



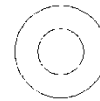
81 × 1



80 × 6



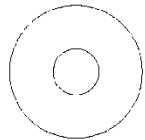
82 × 1



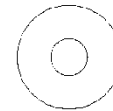
83 × 72



84 × 20



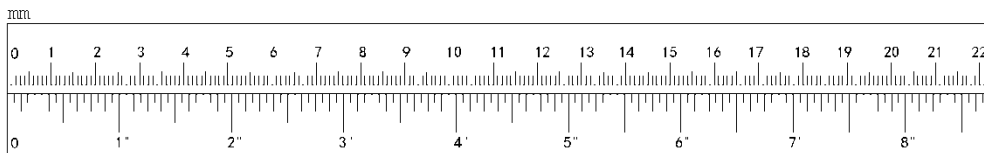
85 × 2



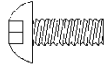
86 × 2



87 × 33



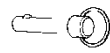
79



2

M10×1"

55



2

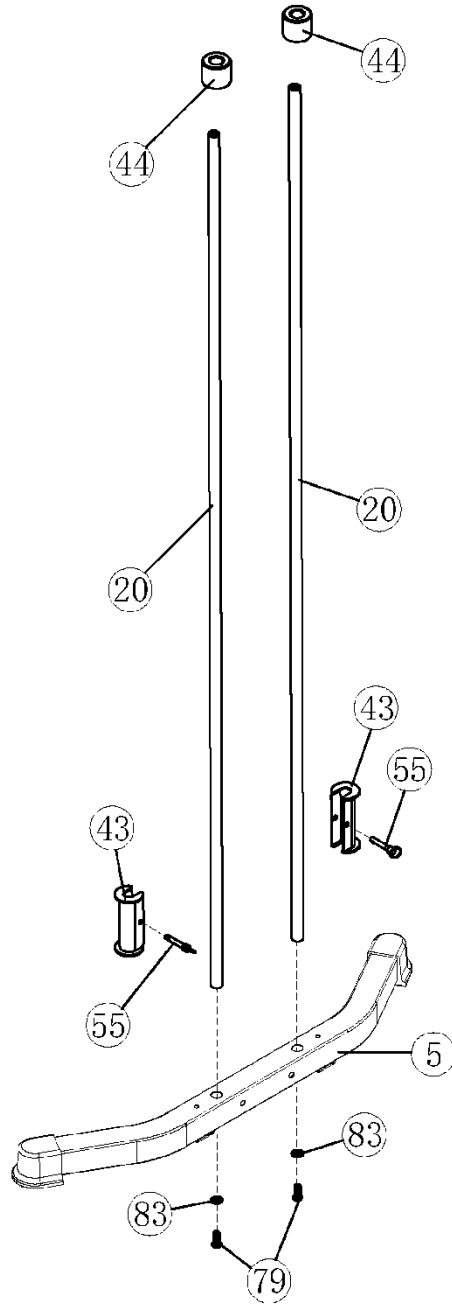
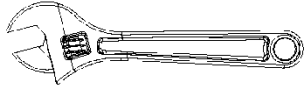
Pin $\phi 8 \times 2 \frac{1}{8}$ "

83



2

$\phi \frac{3}{4}$ "

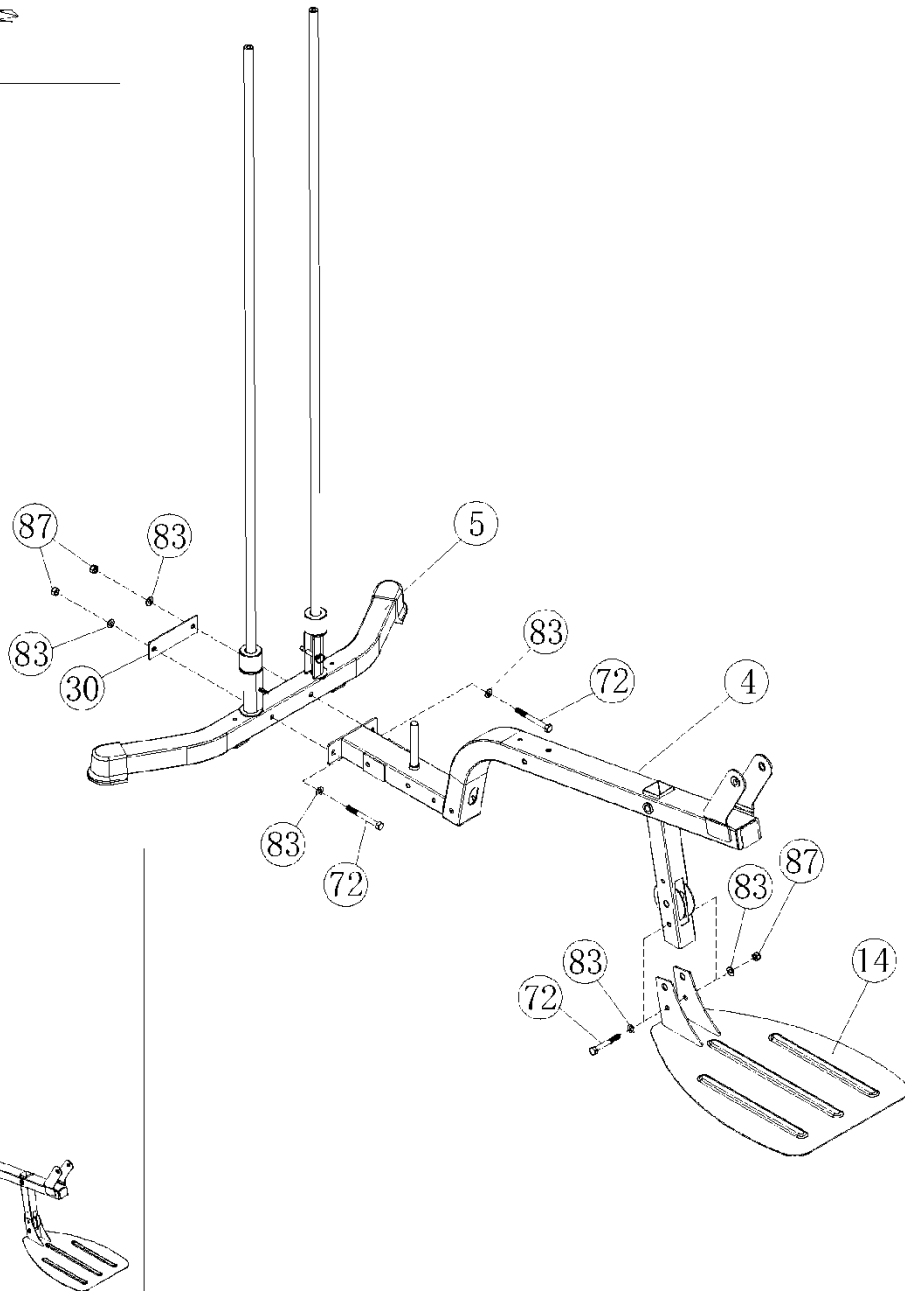
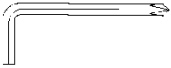
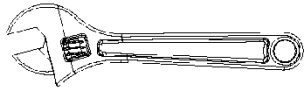


1

72  3 M10×3"

83  6 $\varnothing\frac{3}{4}$ "

87  3 M10



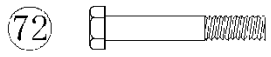
2



4 M10×3 3/4"



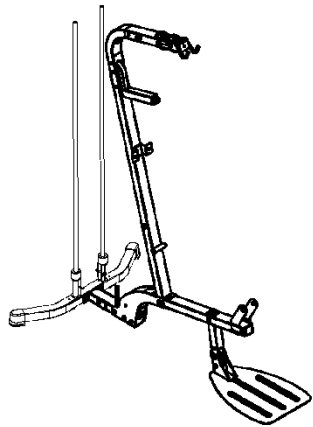
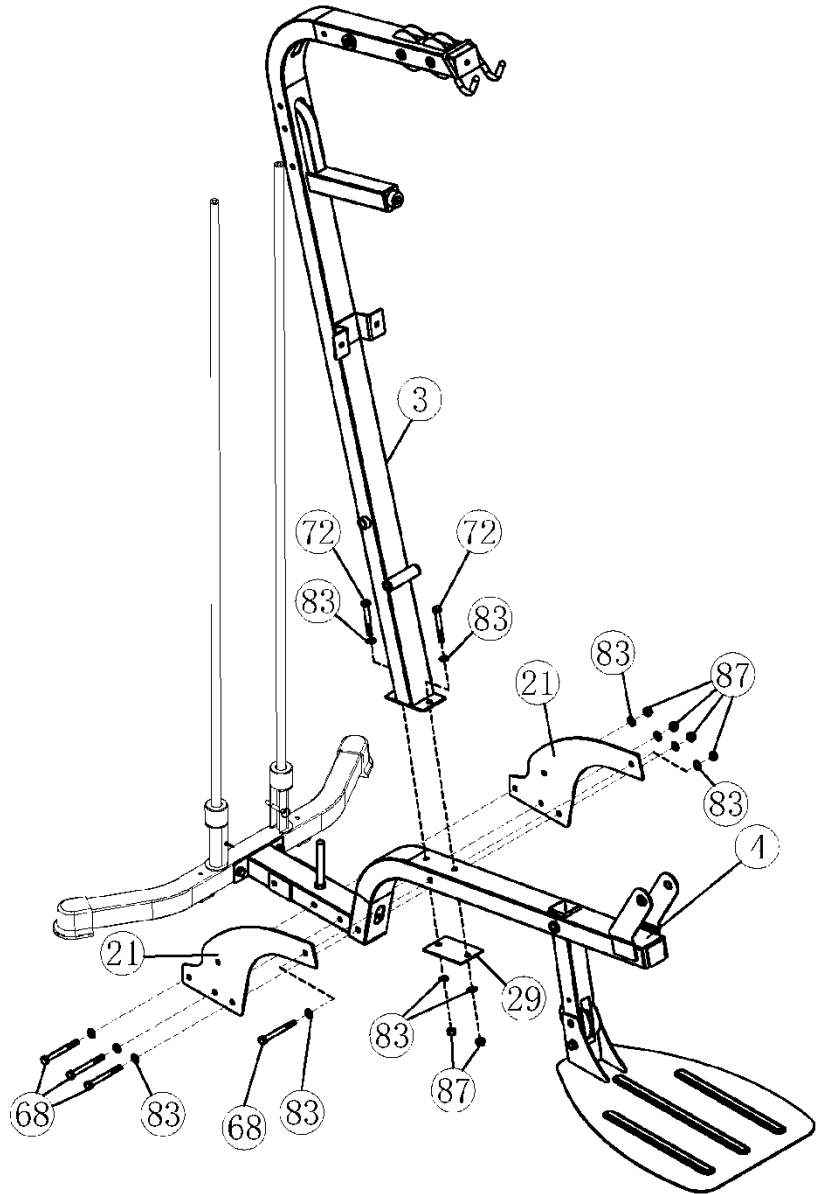
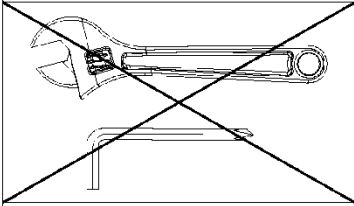
12 0 3/4"



2 M10×3"



6 M10



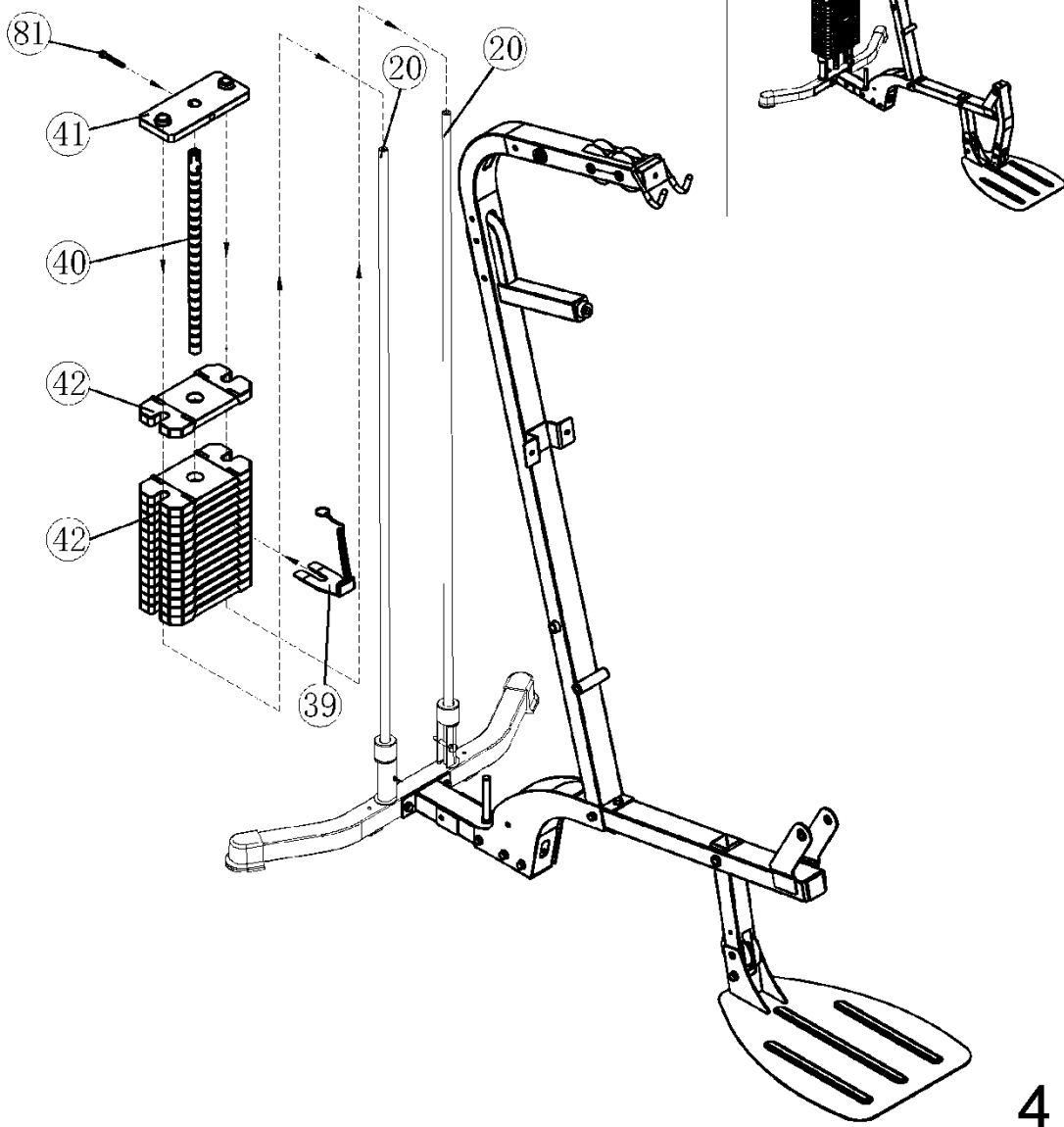
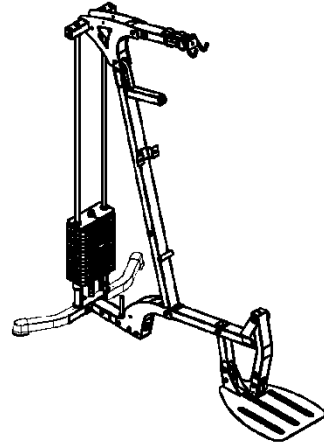
3

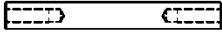

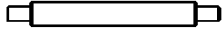

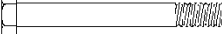



81

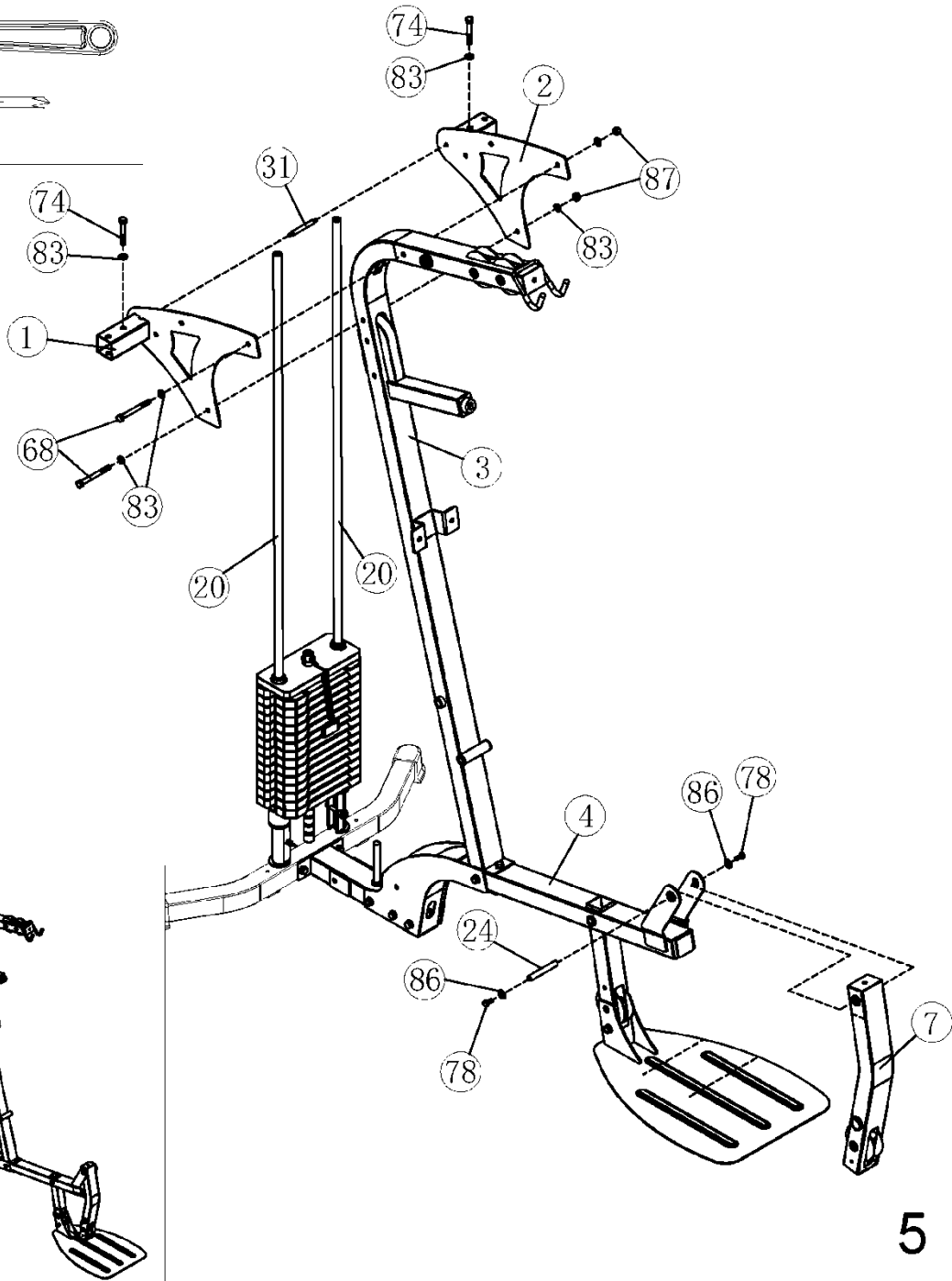
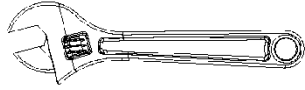


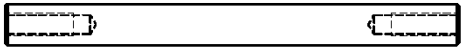
1

M8 × 2 3/8"




②4		1	$\frac{1}{2}'' \times 3 \frac{1}{2}'' \times M8$	⑦8		2	$M8 \times \frac{3}{4}''$
③1		1	$\frac{3}{8}'' \times 3 \frac{1}{2}''$	⑧3		6	$\frac{3}{4}''$
⑥8		2	$M10 \times 3 \frac{3}{4}''$	⑧6		2	$\frac{7}{8}'' \times \frac{3}{8}''$
⑦4		2	$M10 \times 2 \frac{1}{2}''$	⑧7		2	M10




③②  1 $\emptyset\frac{3}{4}'' \times 7\frac{7}{8}'' \times M10$

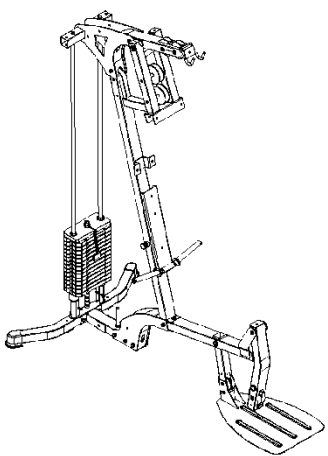
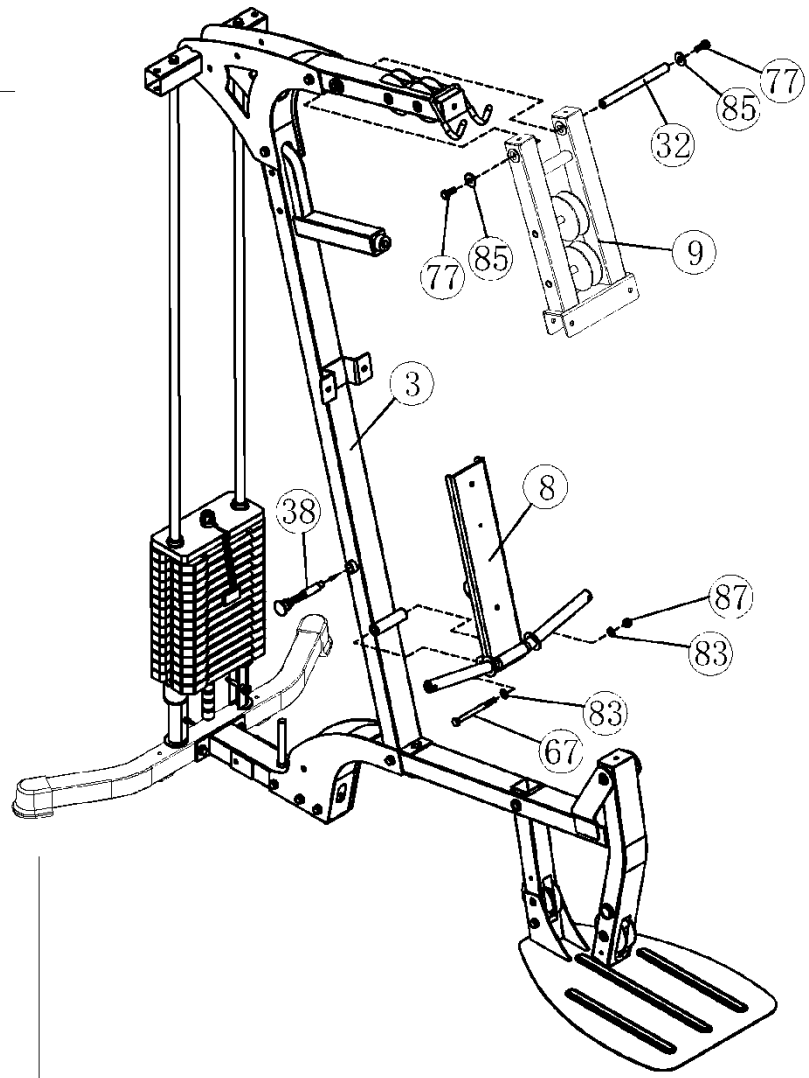
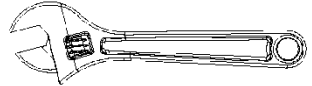
⑥⑦  1 $M10 \times 4\frac{1}{2}''$

⑦⑦  2 $M10 \times 1''$


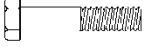


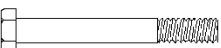



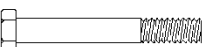
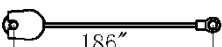
⑧③  2 $\emptyset\frac{3}{4}''$

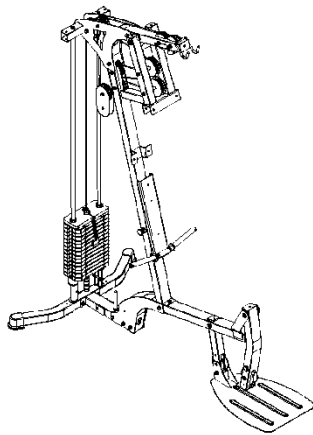
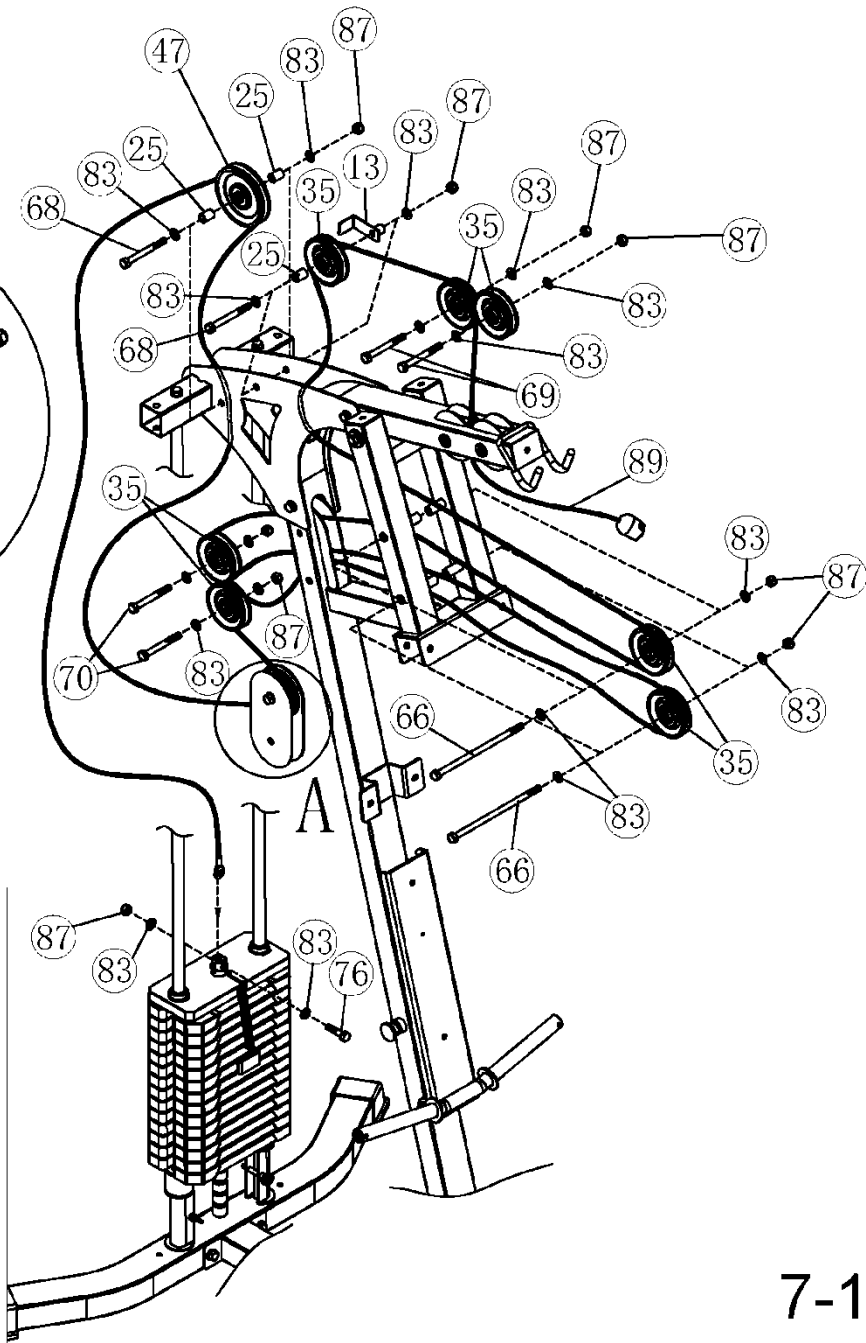
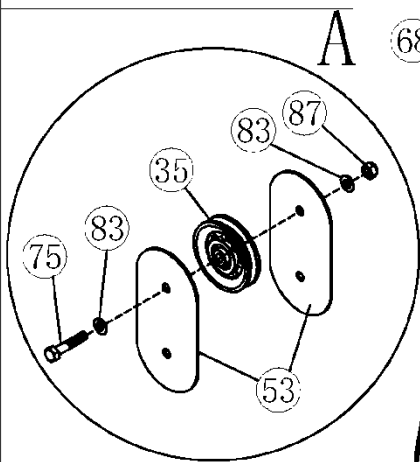
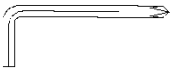
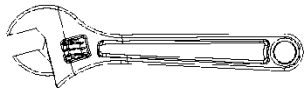
⑧⑤  2 $\emptyset 1\frac{1}{8}'' \times \emptyset\frac{3}{8}''$

⑧⑦  1 $M10$

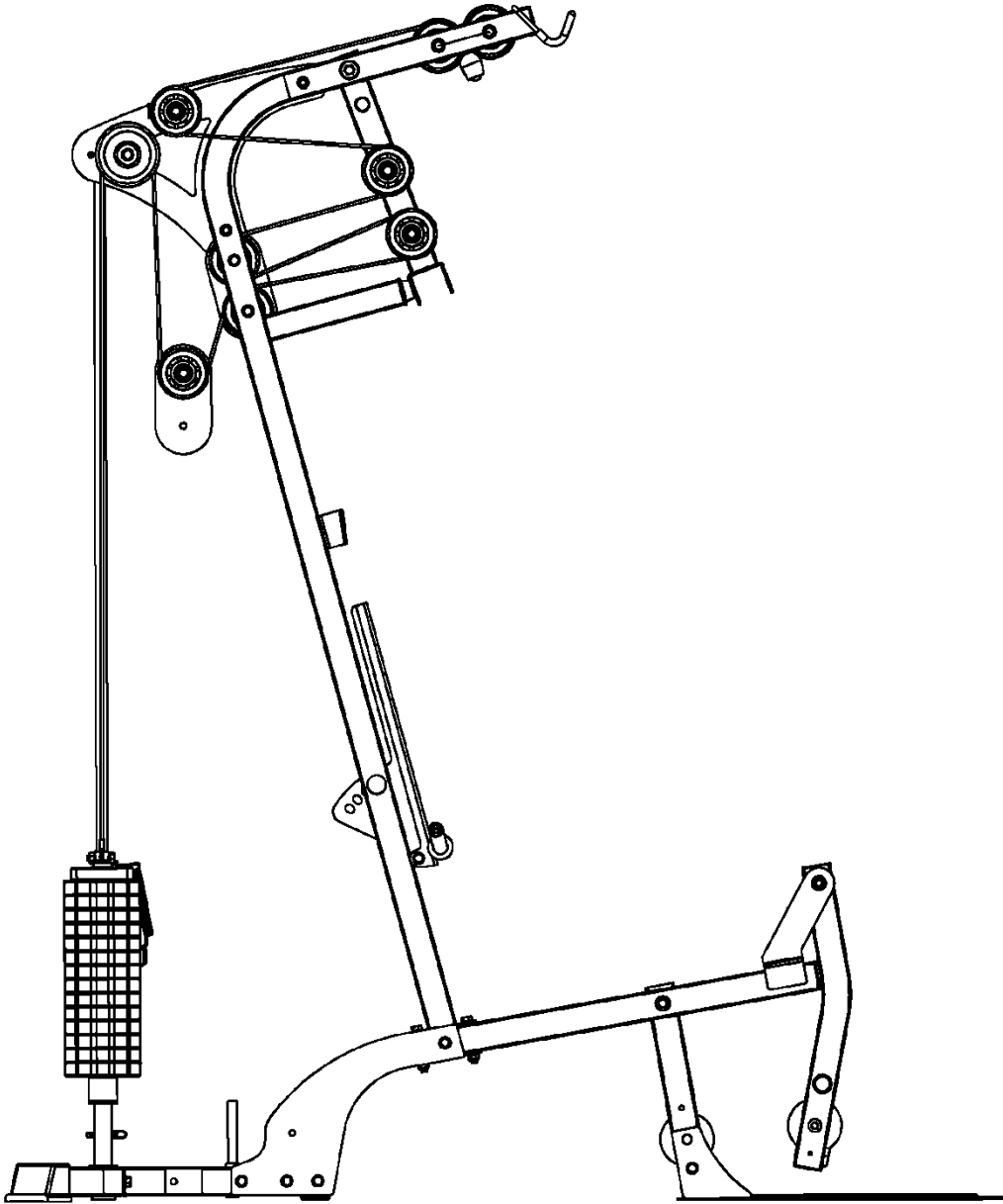


6

(25)		3	Pulley Bushing $0\frac{3}{4}'' \times 0\frac{3}{8}'' \times \frac{7}{8}''$	(75)		1	M10x2"
(66)		2	M10x8 $\frac{1}{4}''$	(76)		1	M10x1 $\frac{1}{2}''$
(68)		2	M10x3 $\frac{3}{4}''$	(83)		20	$\emptyset \frac{3}{4}''$
(69)		2	M10x3 $\frac{1}{2}''$	(87)		10	M10
(70)		2	M10x3 $\frac{7}{16}''$	(89)		1	186"




7-1



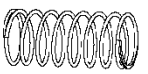
7-2

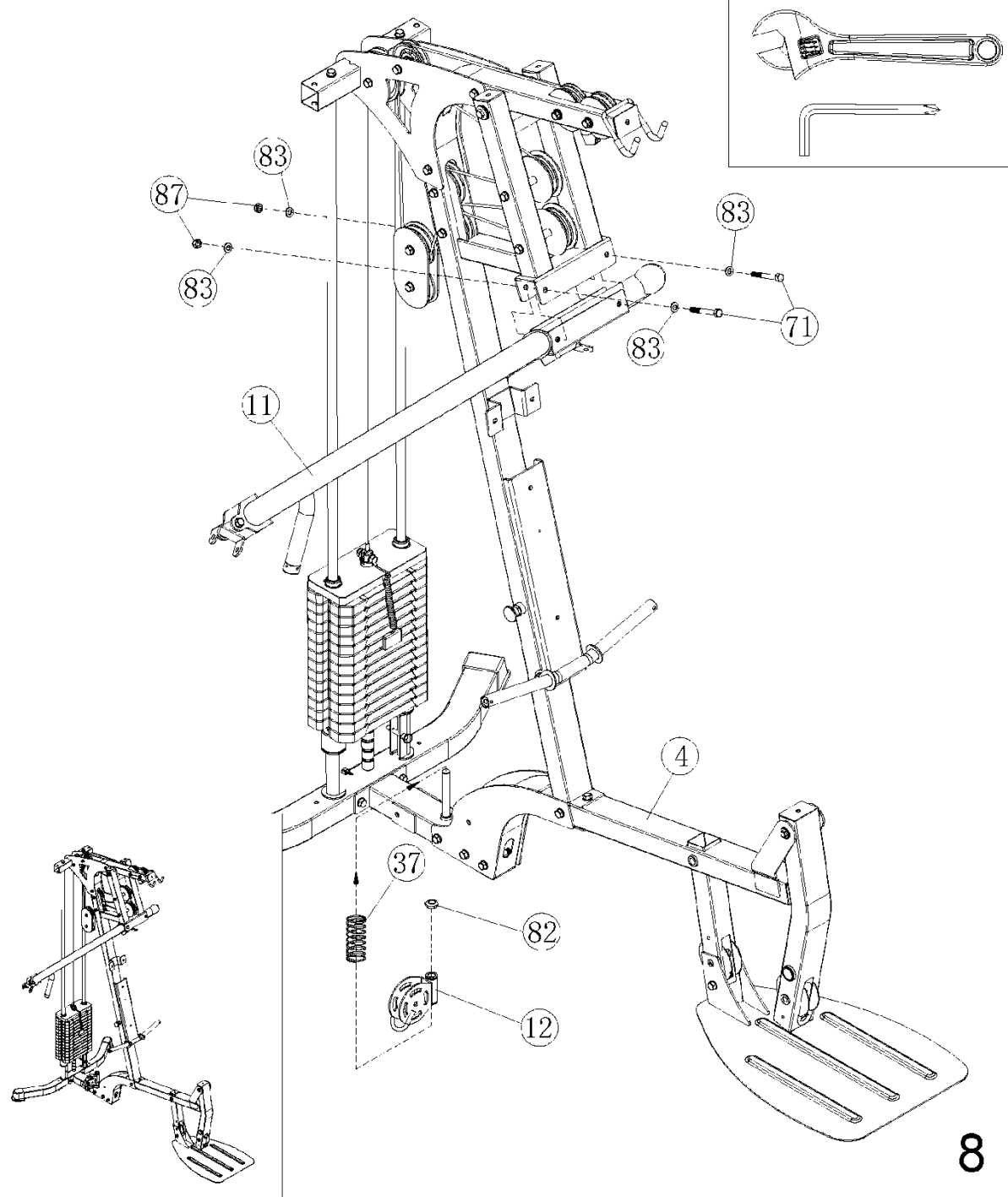
71  2 M10×3 1/8"

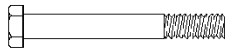

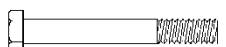


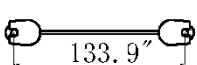



83  4 0.375"

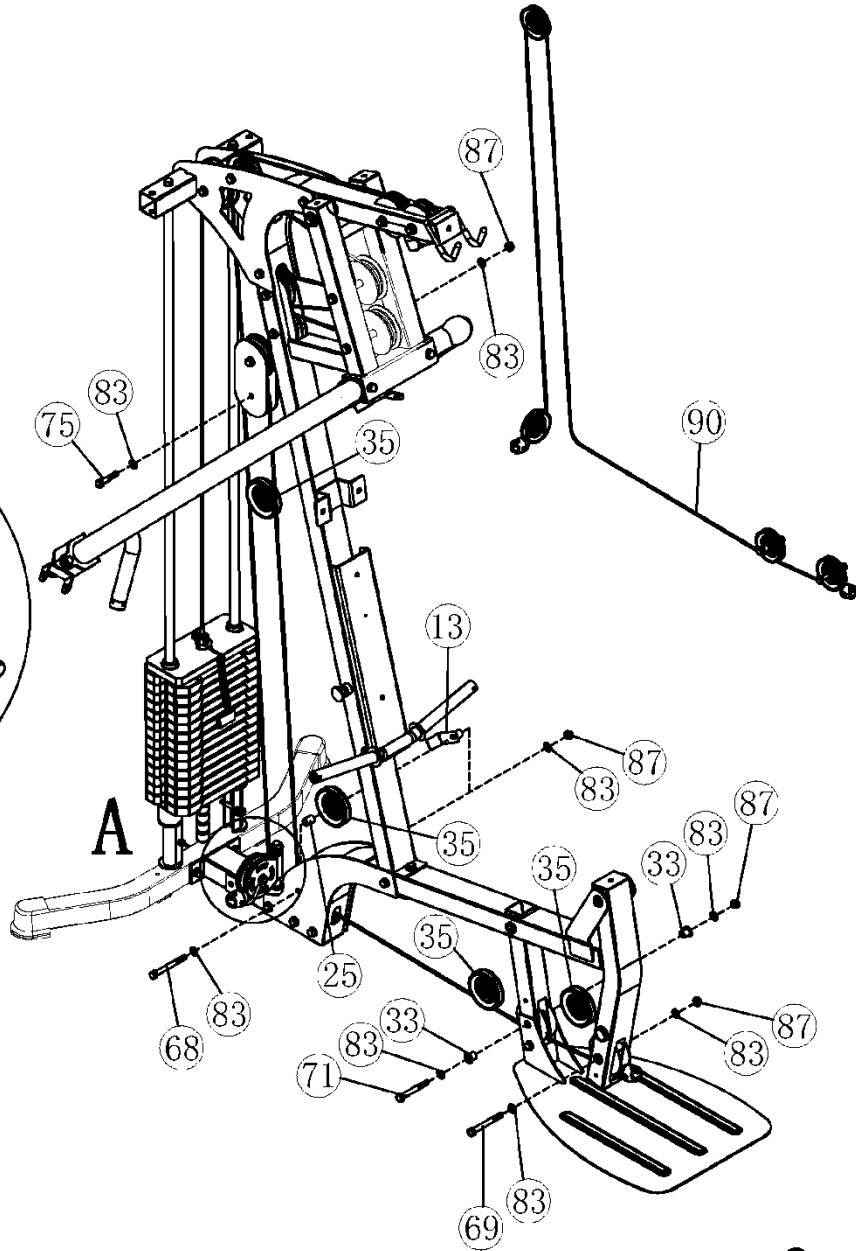
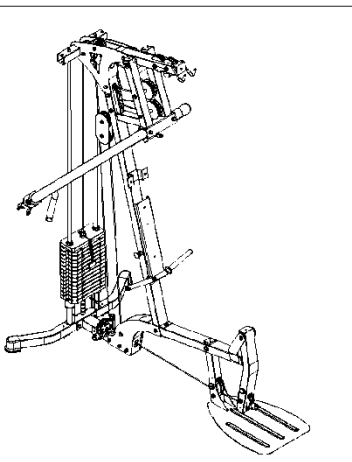
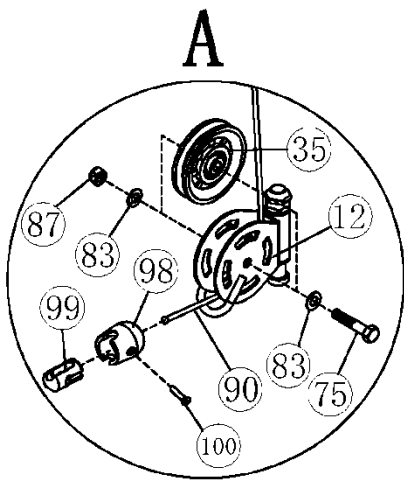
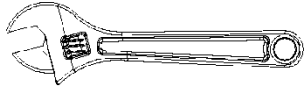
82  1 M16

87  2 M10





37  1 Spring 01.2×0.375×1.375"

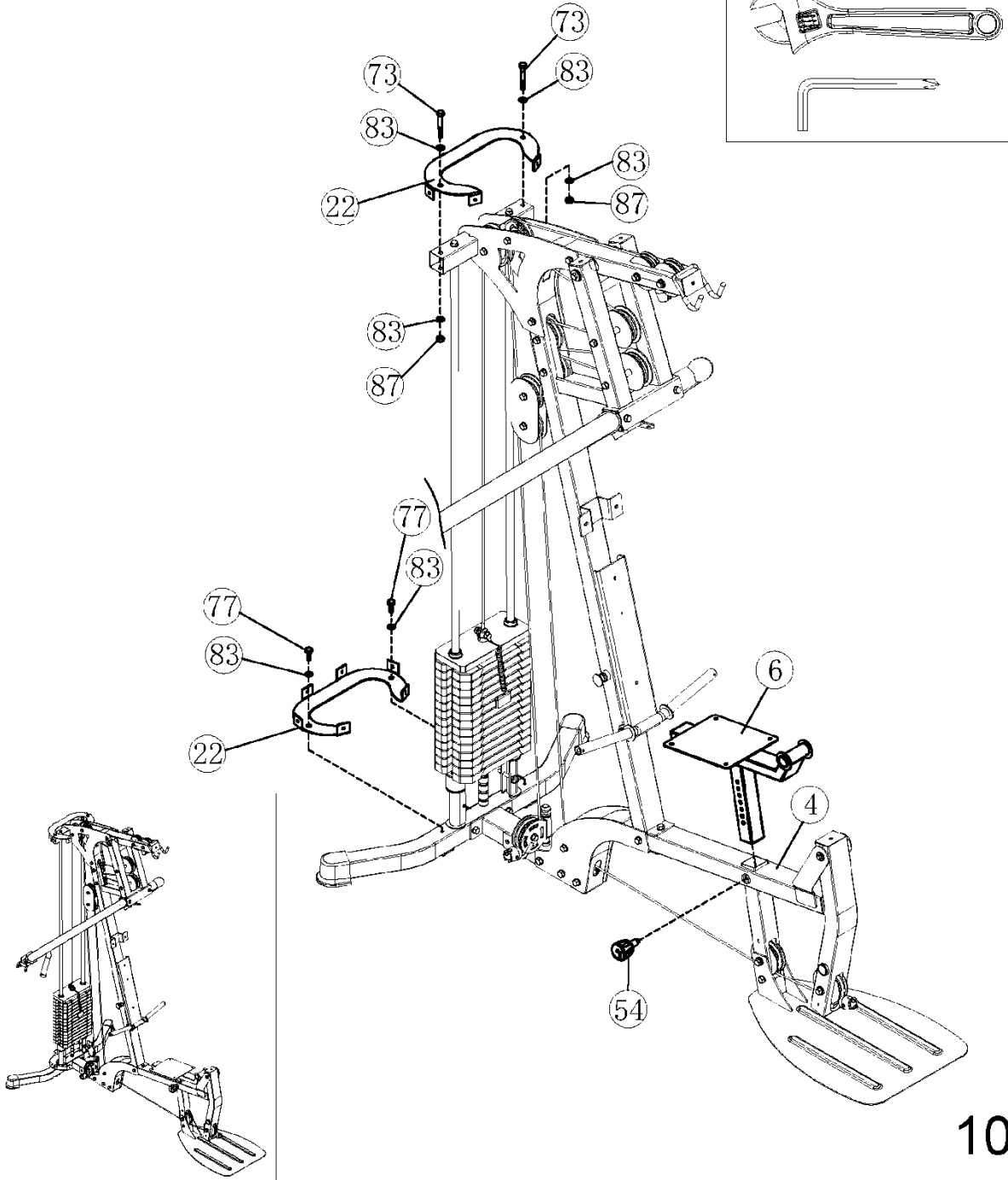


⑥8		1	M10×3 3/4"	⑧3		10	Ø3/4"
⑥9		1	M10×3 1/2"	⑧7		5	M10
⑦1		1	M10×3 1/8"	⑨0		1	133.9"
⑦5		2	M10×2"	③3		2	Pulley Bushing Ø7/8"×Ø3/8"×3/4"
②5		1	Pulley Bushing Ø3/4"×Ø3/8"×7/8"				

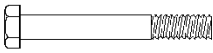

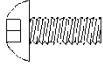




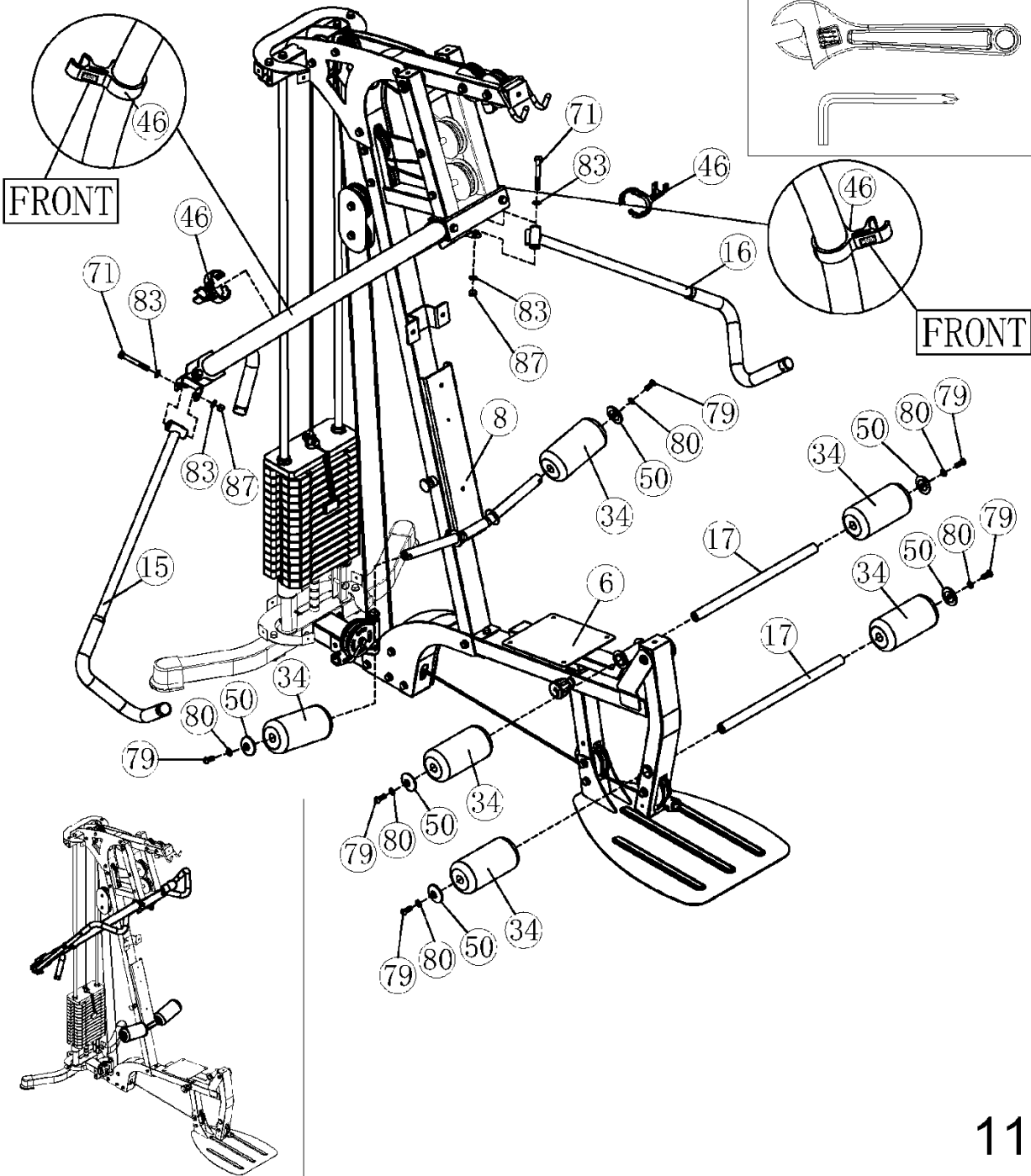
9

73		2	M10×2 3/4"	83		6	Ø 3/4"
77		2	M10×1"	87		2	M10



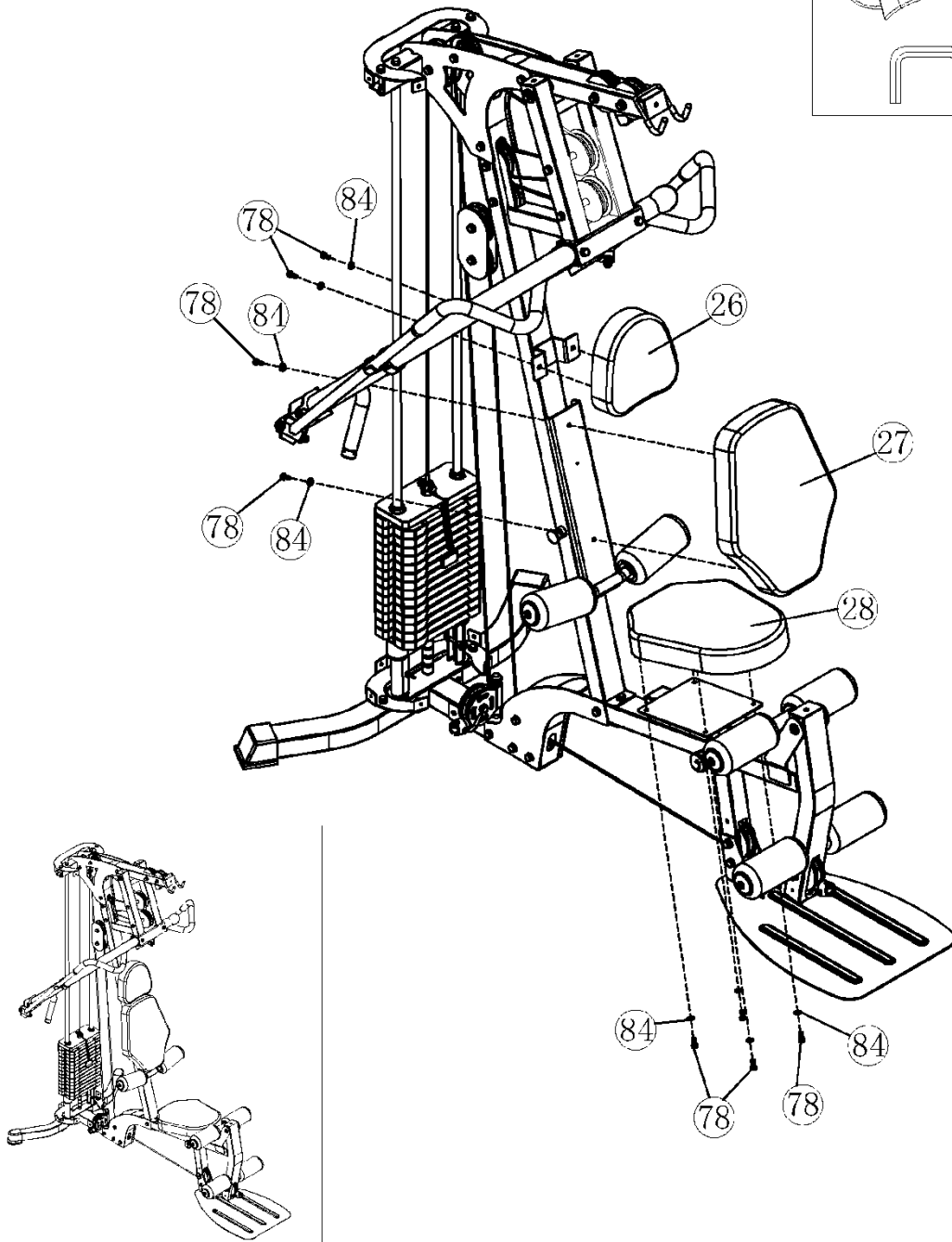
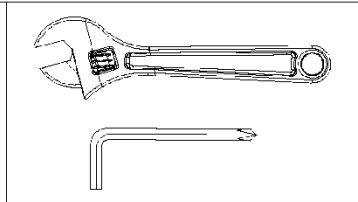
10

71		2	M10×3 1/8"	80		6	Ø 3/4"
79		6	M10×1"	83		4	Ø 3/4"
				87		2	M10





78  8 M8 × 3/4"

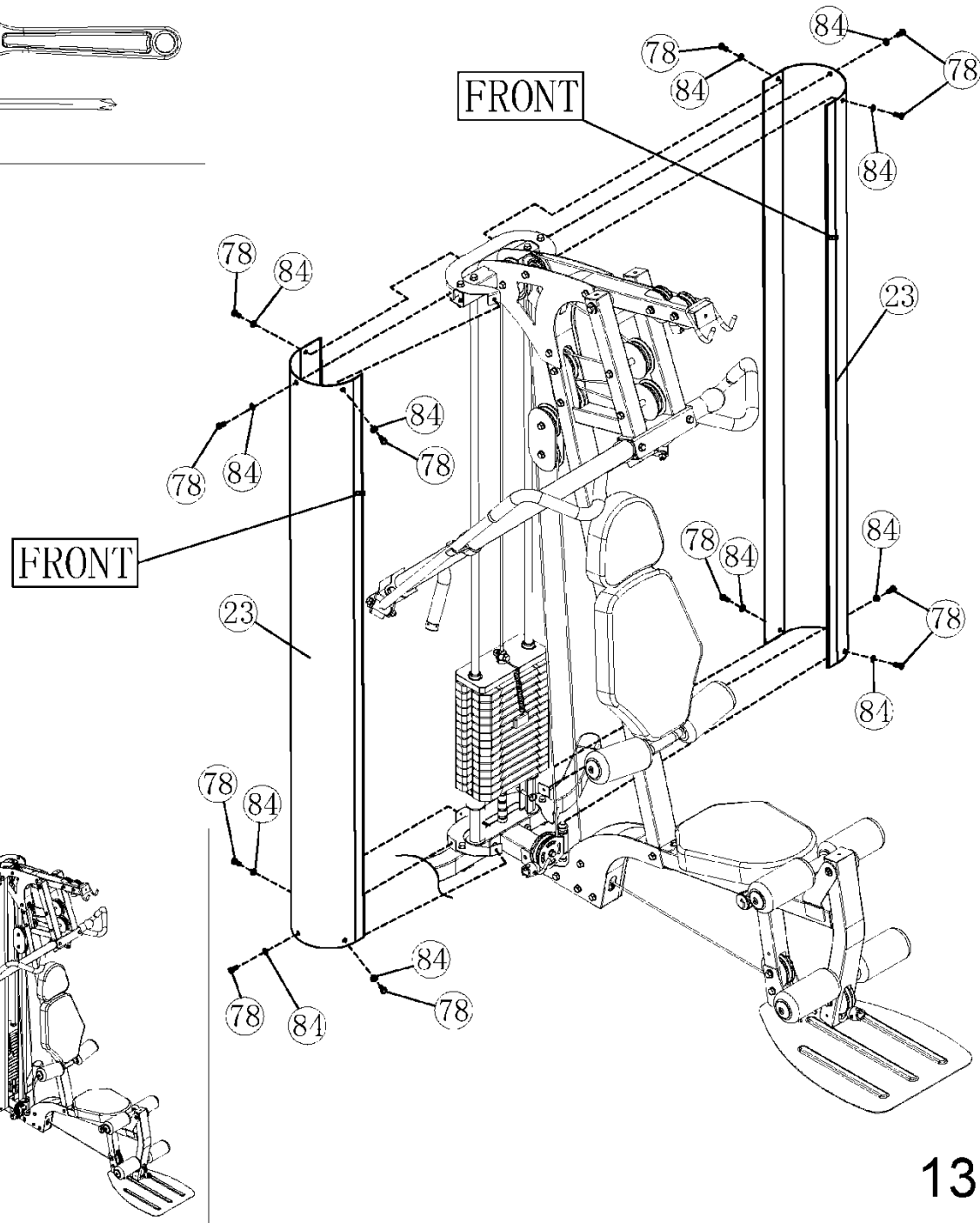
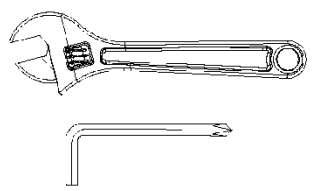
84  8 0 5/8"



12

⑦⑧  12 M8 × 3/4"

⑧④  12 0 5/8"



13

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