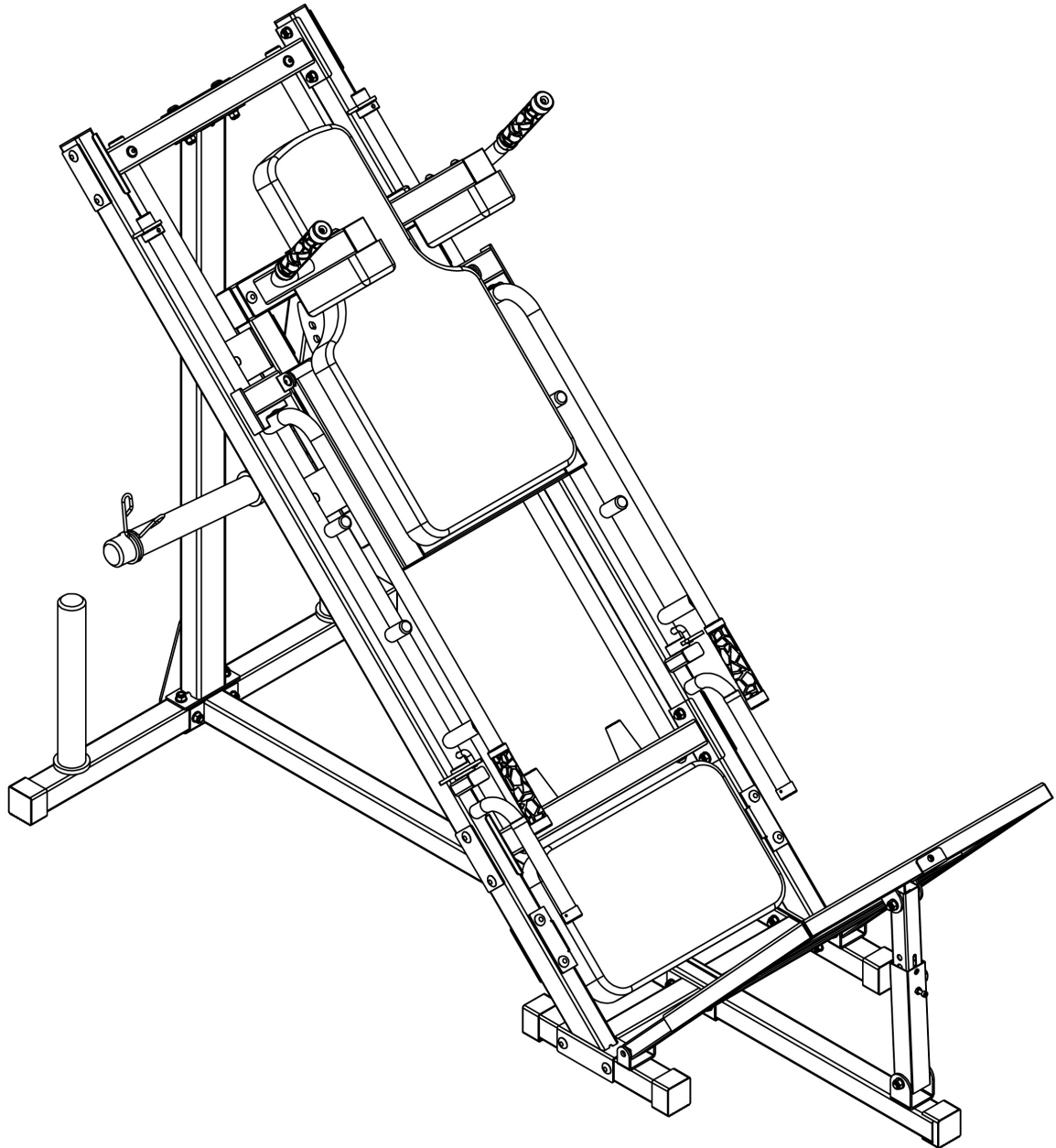


MARCY[®]

ELITE LEG TRAINER MWM-0418

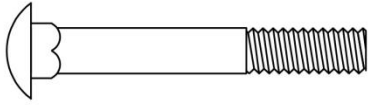


IMPORTANT: Please read the Important Safety Notice and Assembly Information in the Owner's manual before assembling this product.

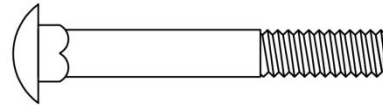
Assembly Manual

241023

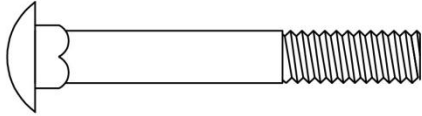
HARDWARE PACK



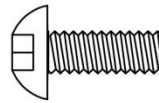
#42 M10X2 3/8" MM Carriage Bolt (Qty8)



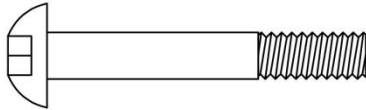
#43 M10X2 3/4" MM Carriage Bolt (Qty22)



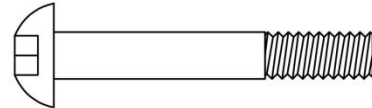
#44 M10X3 1/8" MM Carriage Bolt (Qty4)



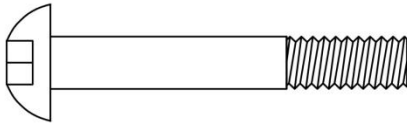
#45 M10X 3/4" MM Allen Bolt (Qty6)



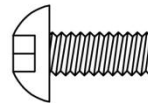
#46 M10X2 3/4" MM Allen Bolt (Qty1)



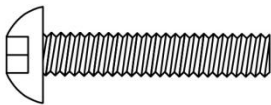
#47 M10X3" MM Allen Bolt (Qty1)



#48 M10X3 1/8" MM Allen Bolt (Qty2)



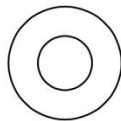
#49 M8X 5/8" MM Allen Bolt (Qty4)



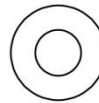
#50 M8X2 1/2" MM Allen Bolt (Qty4)



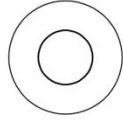
#51 M10 MM Aircraft Nut (Qty38)



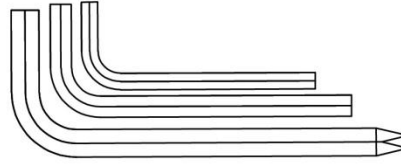
#52 ϕ 3/4" MM Washer (Qty44)



#53 ϕ 5/8" MM Washer (Qty10)

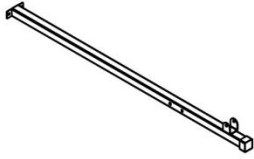


#54 ϕ 1" \times ϕ 3/4" MM Washer (Qty4)

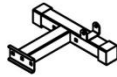


Allen keys 4# ,5#,6#,each one

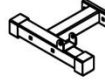
COMPONENTS FOR ASSEMBLY



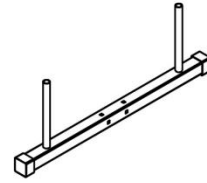
① × 1



② × 1



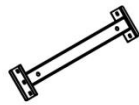
③ × 1



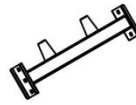
④ × 1



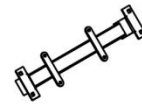
⑤ × 1



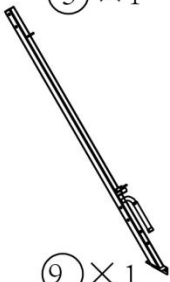
⑥ × 1



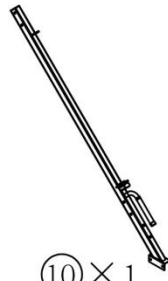
⑦ × 1



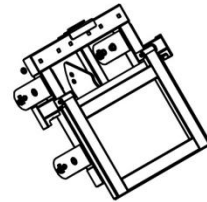
⑧ × 1



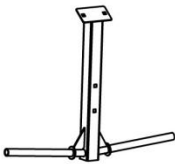
⑨ × 1



⑩ × 1



⑪ × 1



⑫ × 1



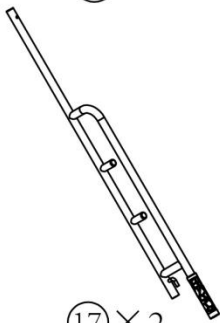
⑬ × 1



⑭ × 1



⑮ × 1



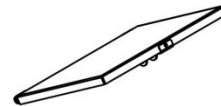
⑰ × 2



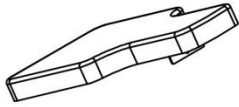
⑱ × 1



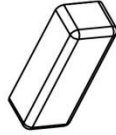
⑳ × 1



㉑ × 1



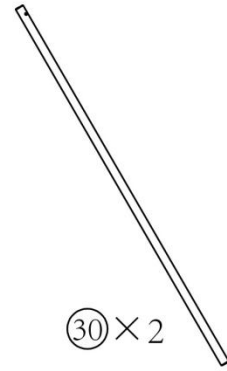
②⑦ × 1



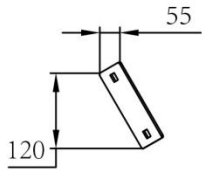
②⑧ × 2



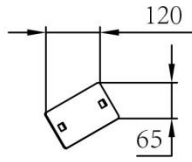
②⑨ × 1



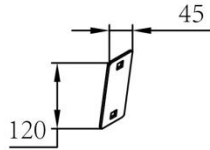
③⑦ × 2



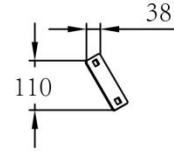
③③ × 4



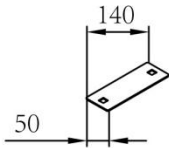
③④ × 4



③⑤ × 1



③⑥ × 2



③⑦ × 2



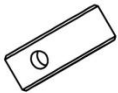
③⑧ × 1



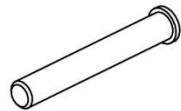
③⑨ × 1



④① × 2






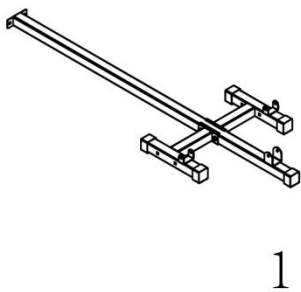
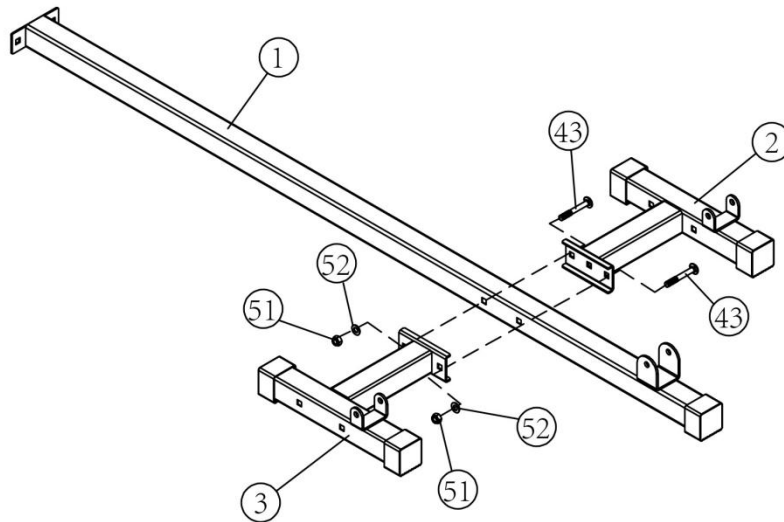
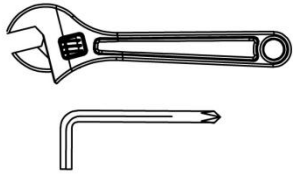
⑥⑦ × 2



⑧② × 4

ASSEMBLY STEP 1

④3		2	M10 × 2 3/4"
⑤2		2	φ3/4"
⑤1		2	M10

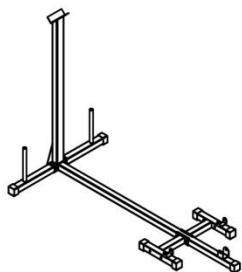
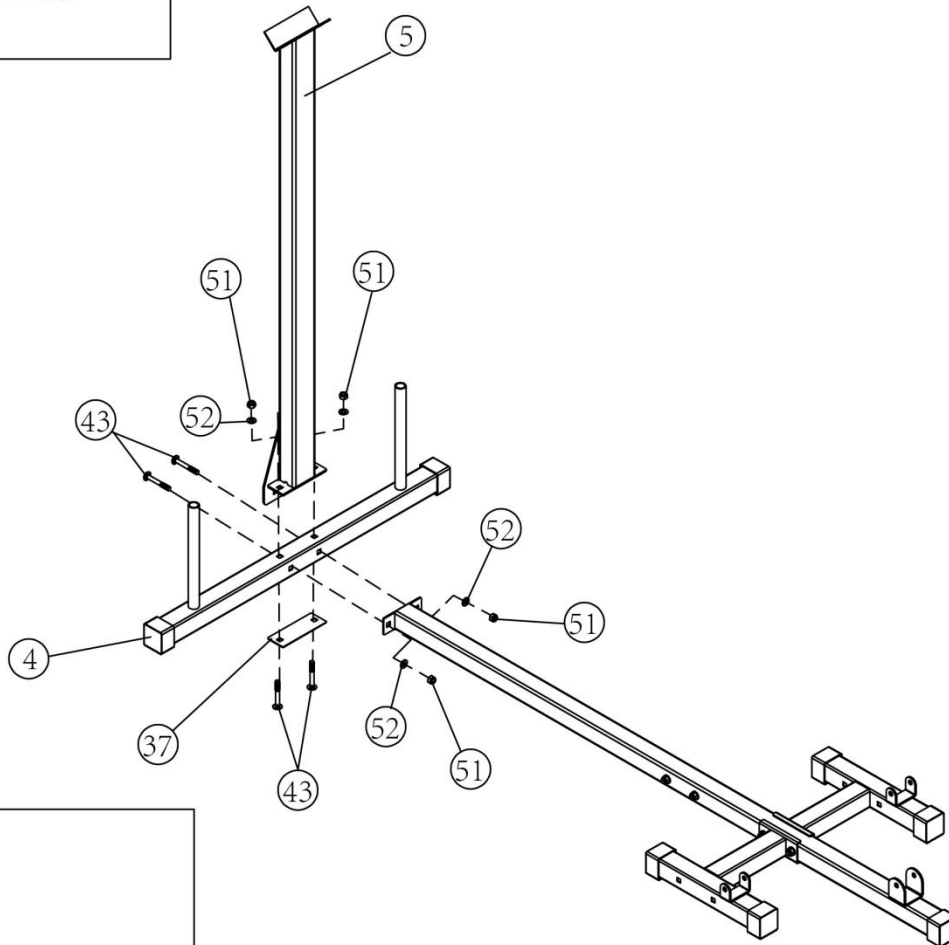


ASSEMBLY STEP 2

④③  4 M10 × 2 3/4"

⑤②  4 ϕ 3/4"

⑤①  4 M10



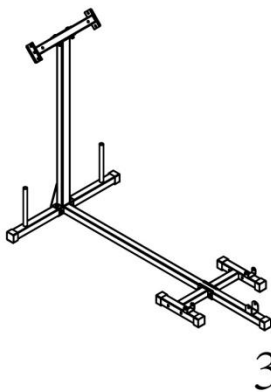
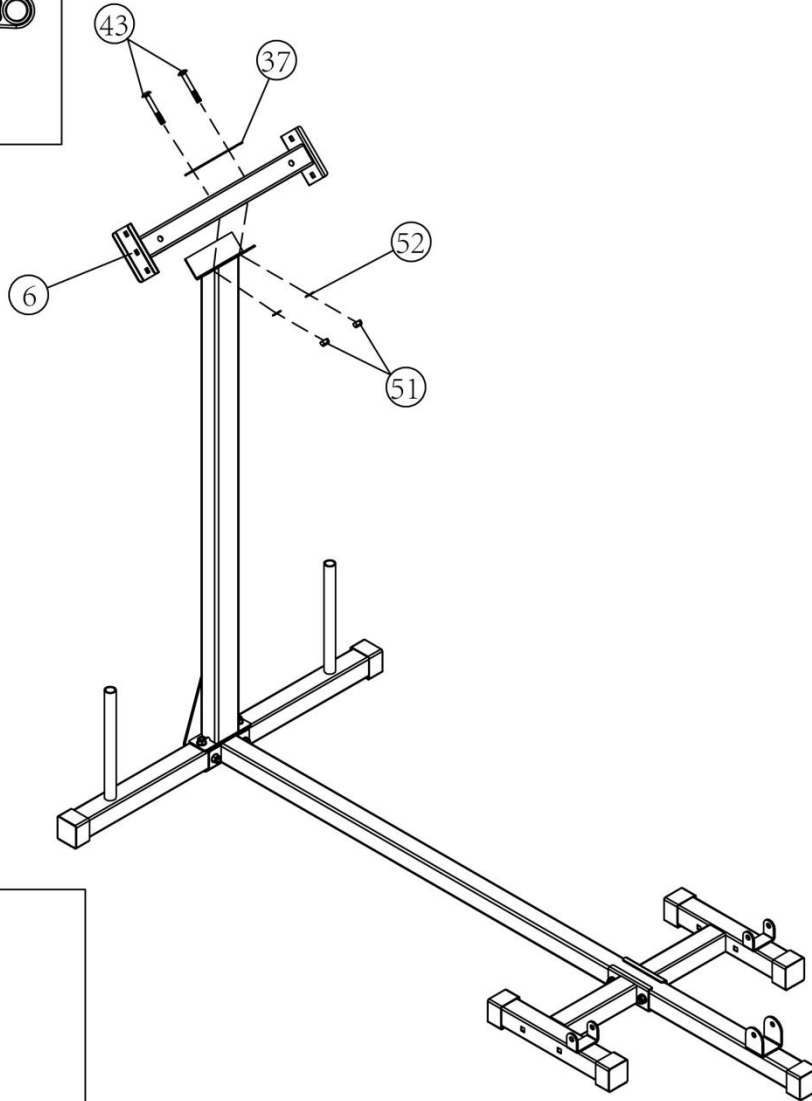
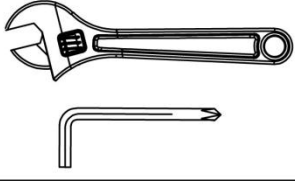
2

ASSEMBLY STEP 3

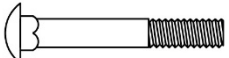
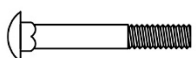



④③  2 M10 × 2 3/4"

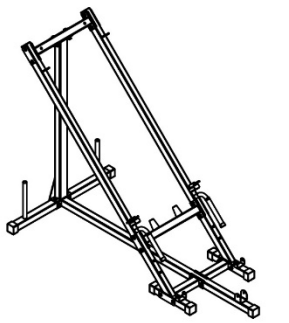
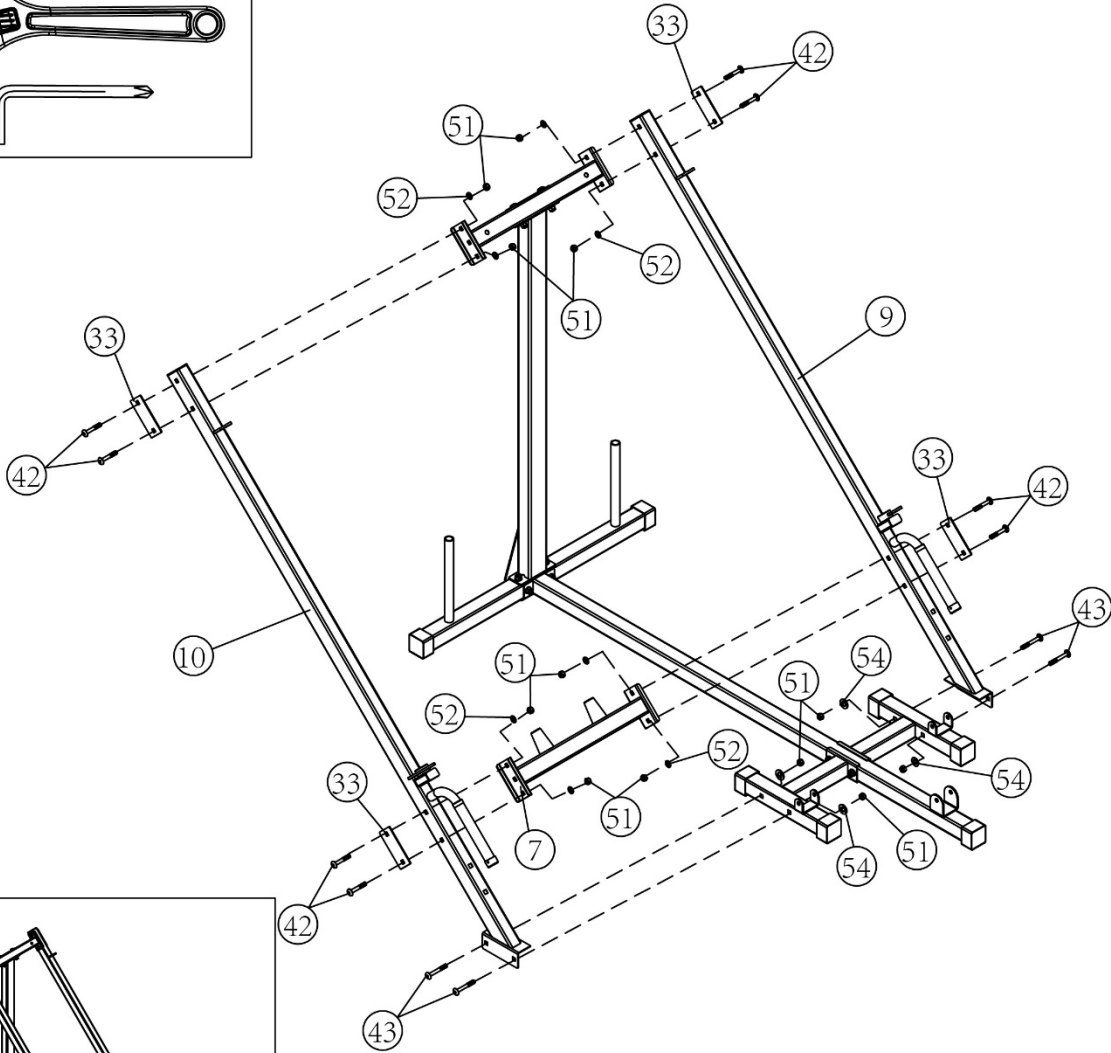
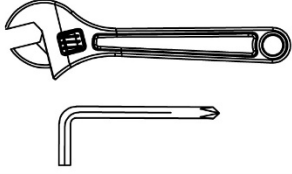
⑤②  2 ϕ 3/4"

⑤①  2 M10






ASSEMBLY STEP 4

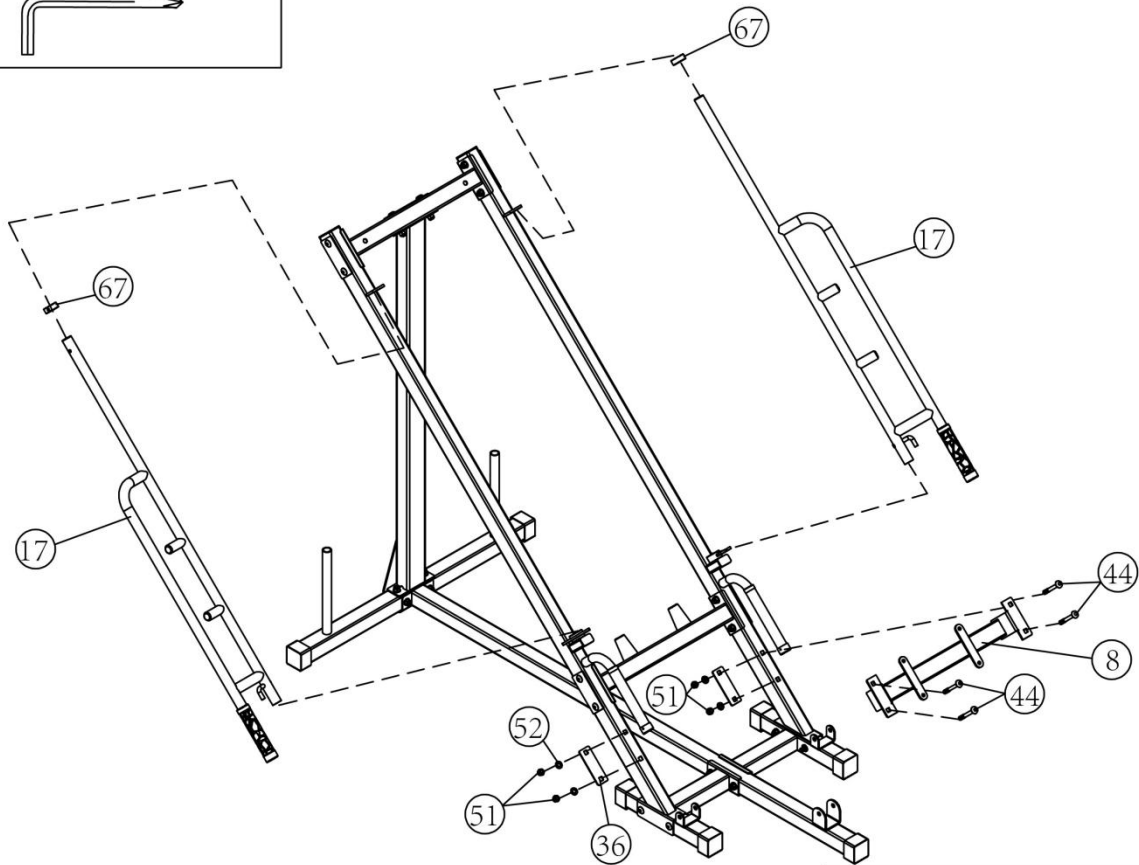
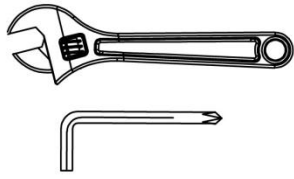
- | | | | | | | | |
|----|---|----|------------|----|--|---|-------------|
| ④② |  | 8 | M10×2 3/8" | ④③ |  | 4 | M10×2 3/4" |
| ⑤② |  | 8 | φ 3/4" | ⑤④ |  | 4 | φ 1"×φ 3/4" |
| ⑤① |  | 12 | M10 | | | | |



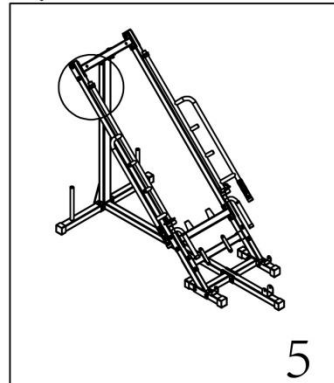
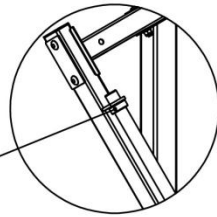
4

ASSEMBLY STEP 5

- | | | | |
|----|---|---|--------------|
| ④④ |  | 4 | M10 × 3 1/8" |
| ⑤② |  | 4 | φ 3/4" |
| ⑤① |  | 4 | M10 |

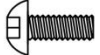



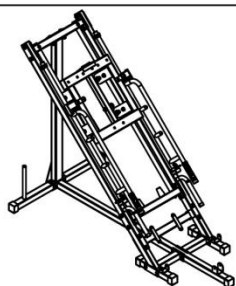
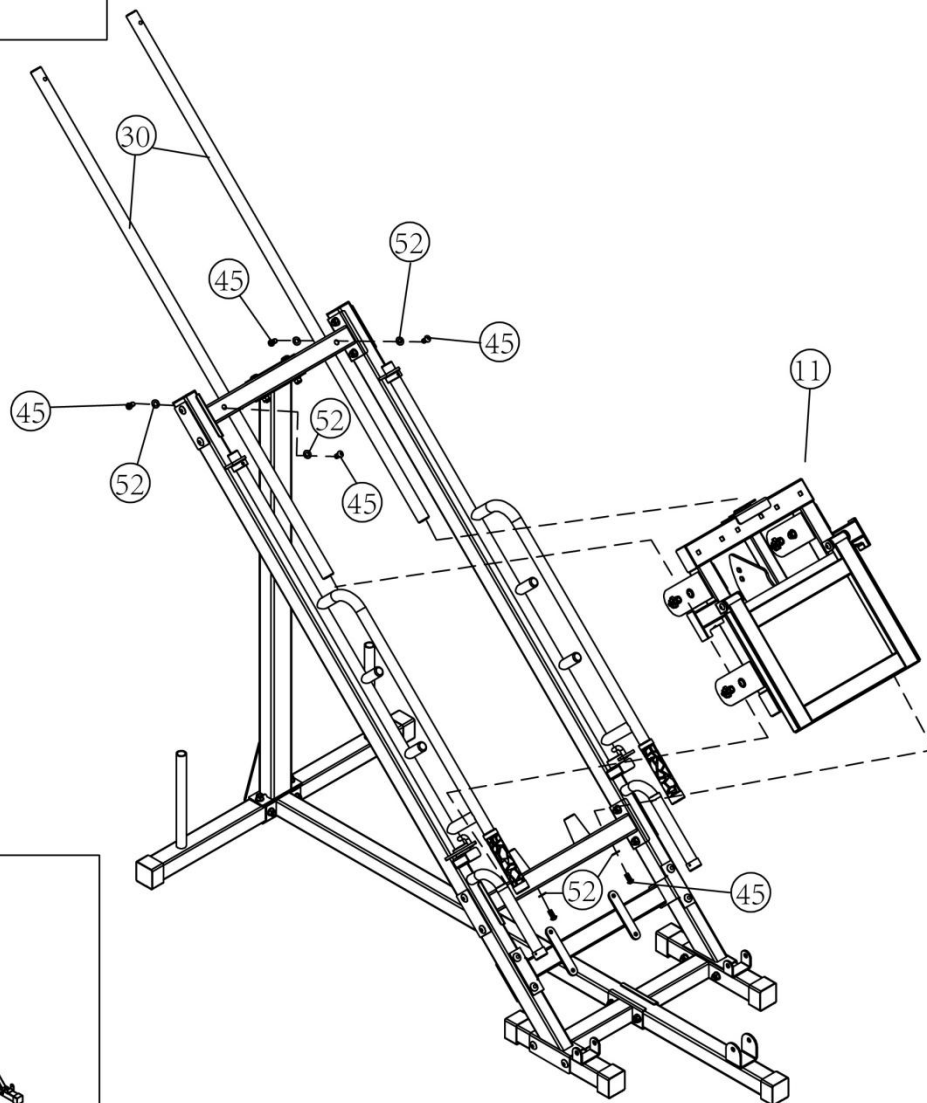
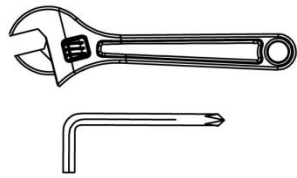
tighten it with
an allen wrench



5

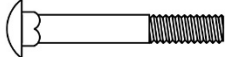


ASSEMBLY STEP 6

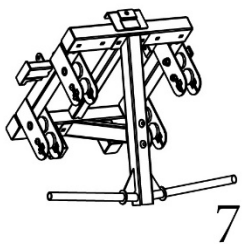
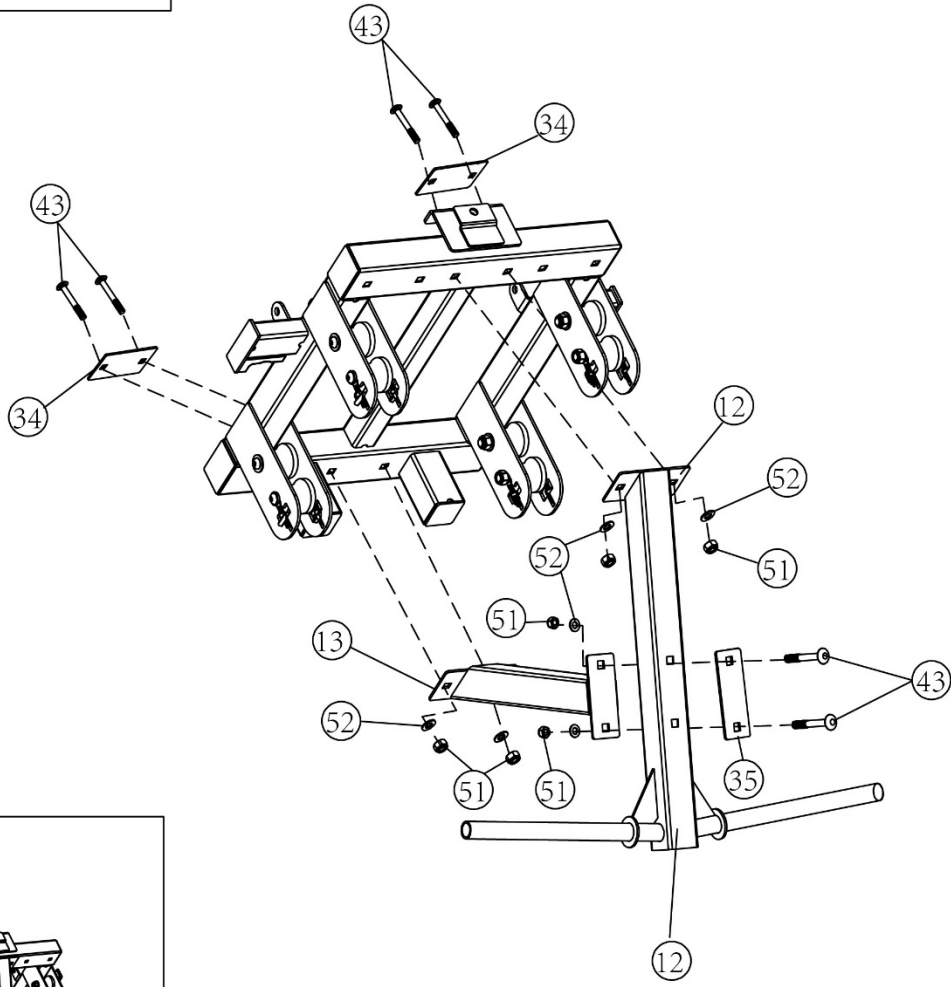
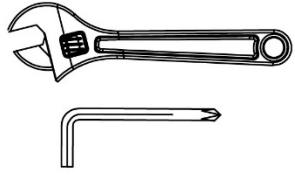
- | | | | |
|----|---|---|------------|
| ④5 |  | 6 | M10 × 3/4" |
| ⑤2 |  | 6 | φ 3/4" |



6

ASSEMBLY STEP 7

④3		6	M10×2 3/4"
⑤2		6	φ 3/4"
⑤1		6	M10

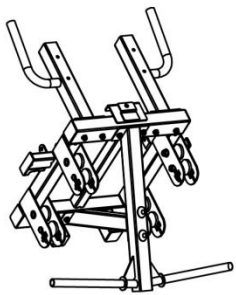
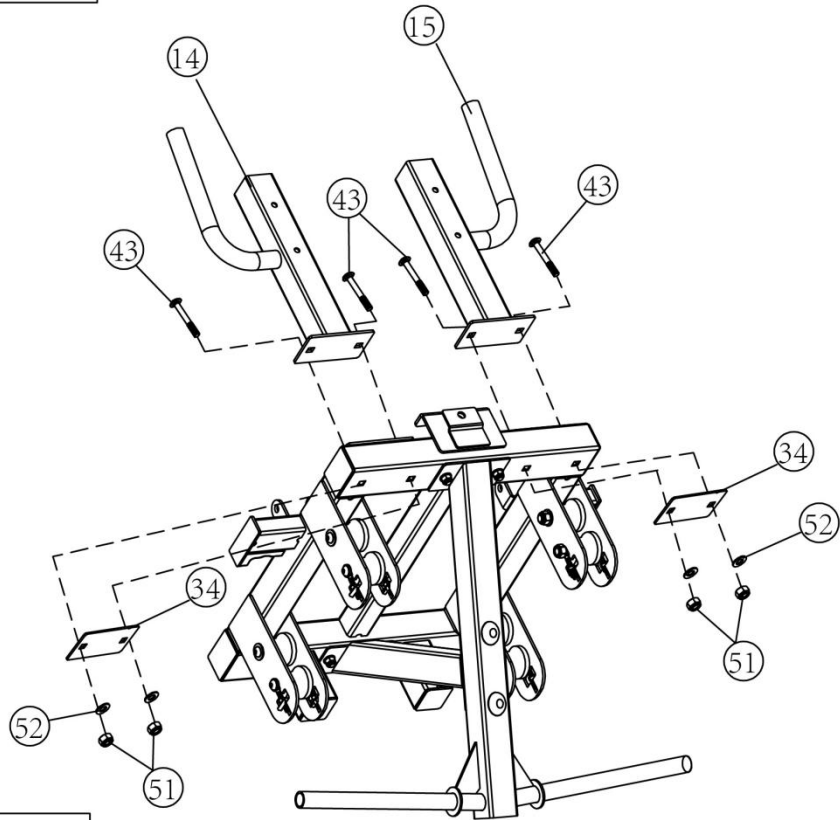
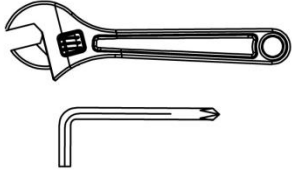


ASSEMBLY STEP 8

④③  4 M10 × 2 3/4"

⑤②  4 ϕ 3/4"

⑤①  4 M10



8

ASSEMBLY STEP 9

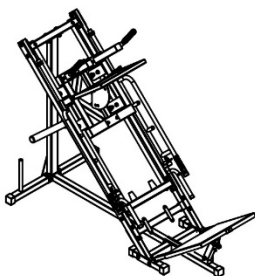
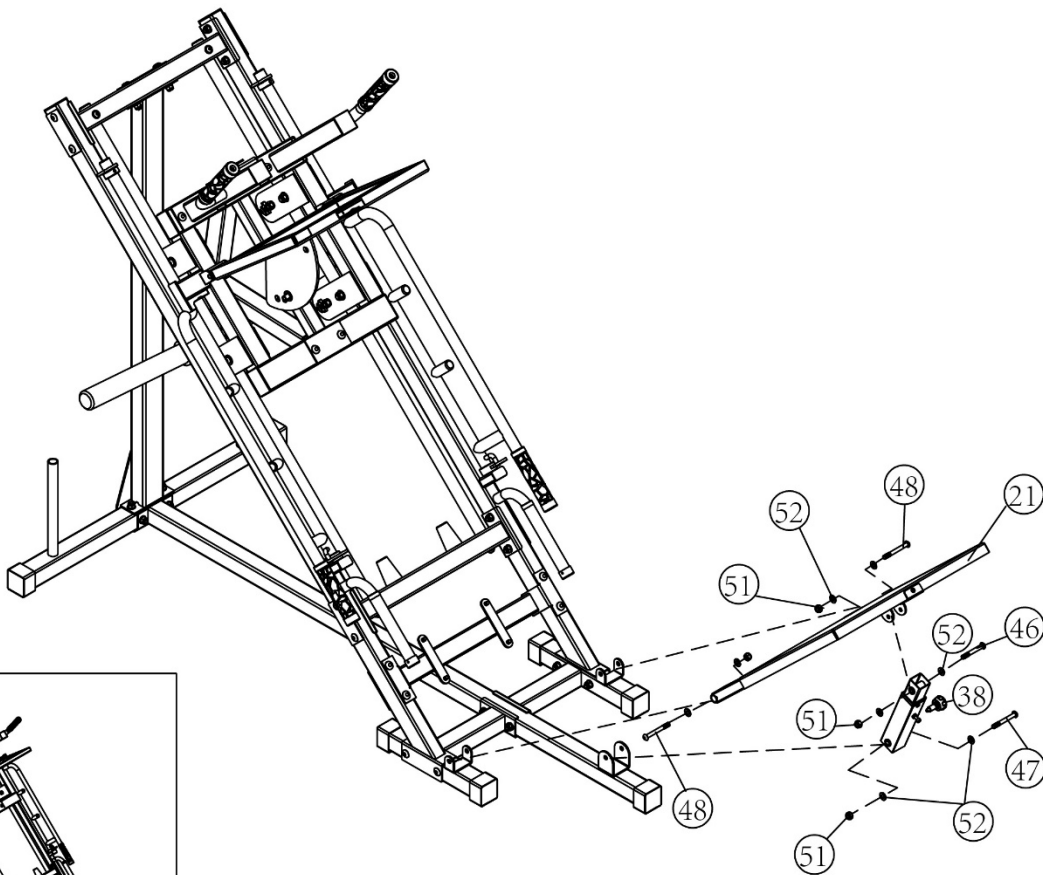
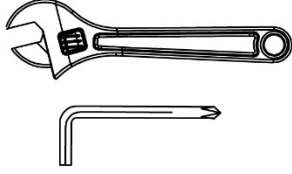
④⑥  1 M10 × 2 3/4"

④⑦  1 M10 × 3"

⑤②  8 ϕ 3/4"

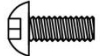
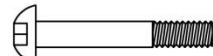
④⑧  2 M10 × 3 1/8"

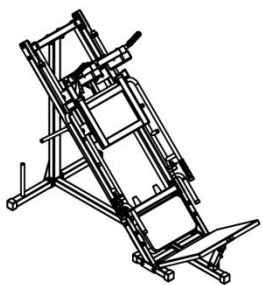
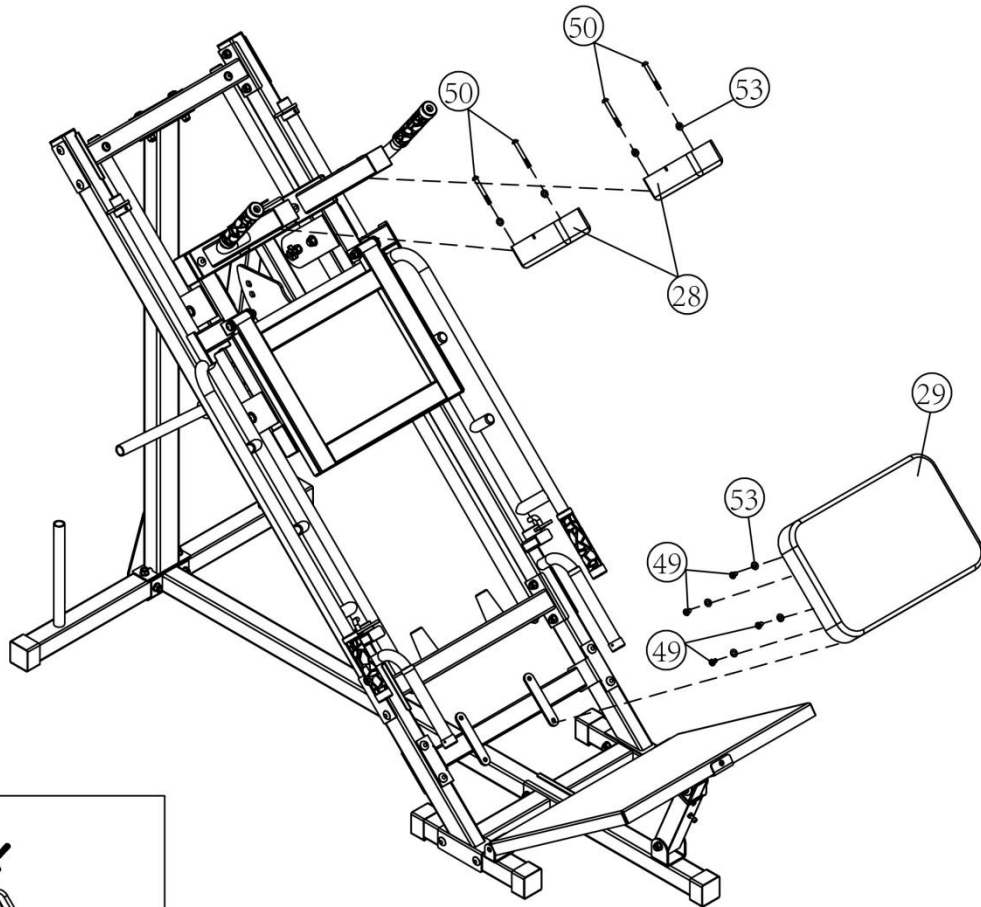
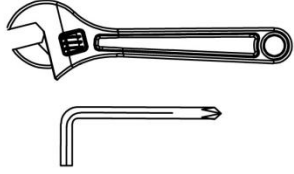
⑤①  4 M10



9

ASSEMBLY STEP 10

- | | | | | | | | |
|----|---|---|-----------|----|--|---|-------------|
| ④9 |  | 4 | M8 × 5/8" | ⑤0 |  | 4 | M8 × 2 1/2" |
| ⑤3 |  | 8 | φ 8 | | | | |



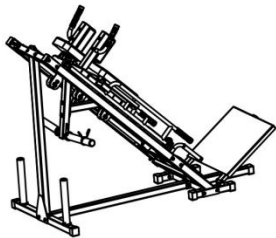
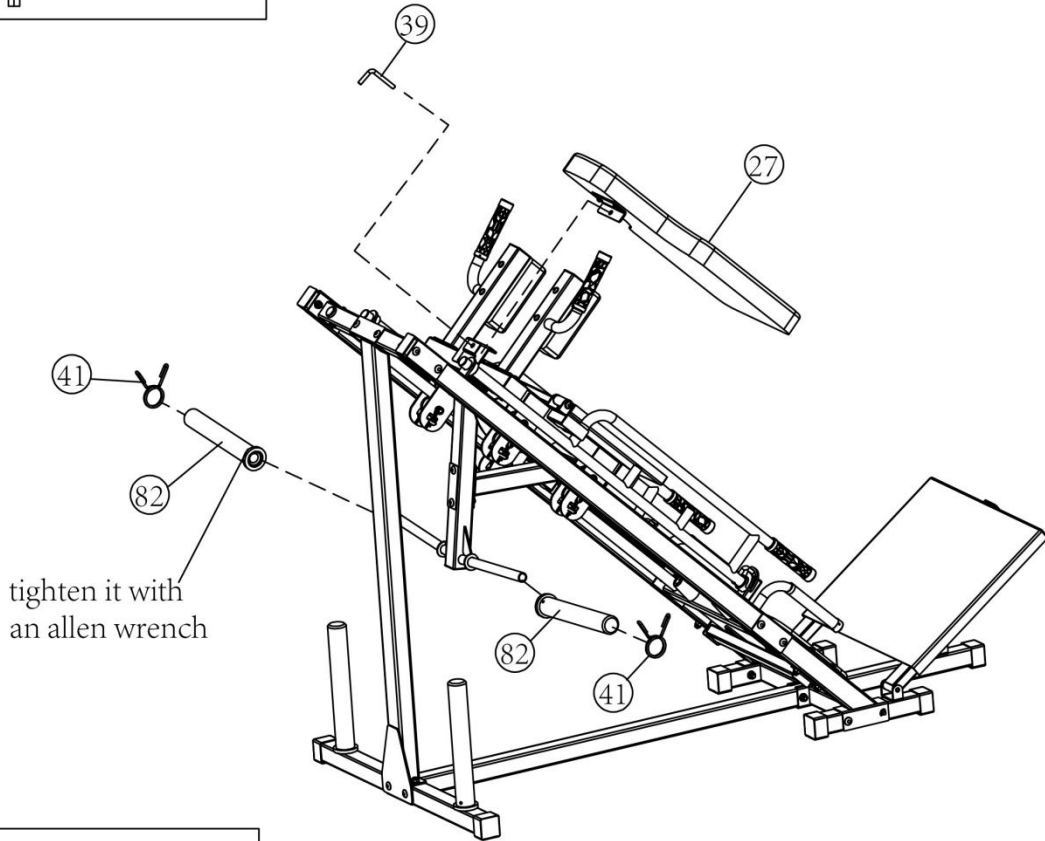
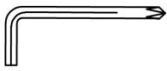
10

ASSEMBLY STEP 11

39



41



11

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