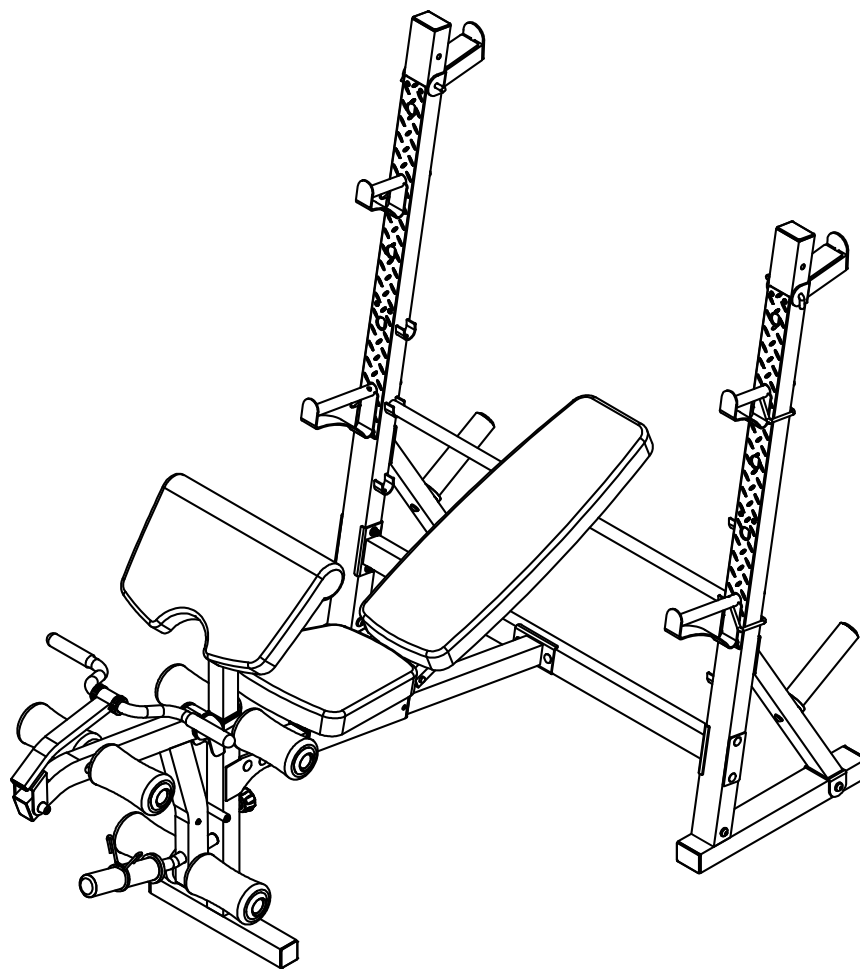


MARCY[®]

MARCY DIAMOND ELITE OLYMPIC BENCH

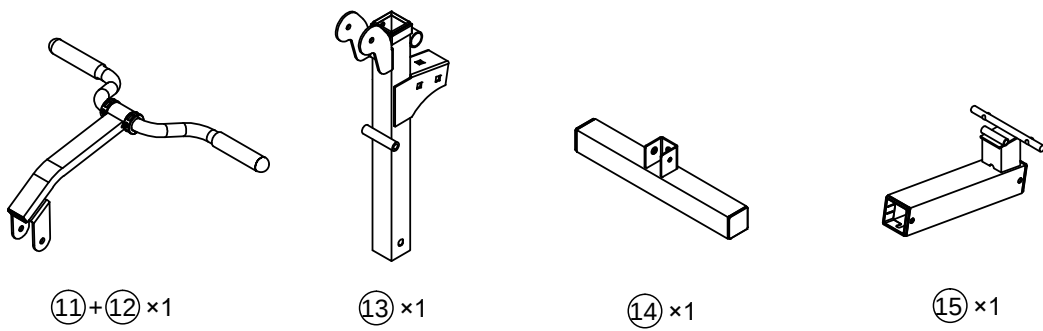
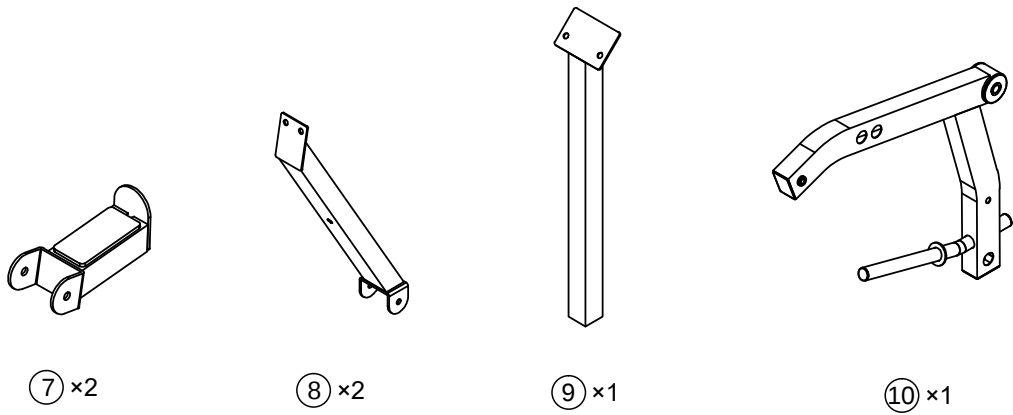
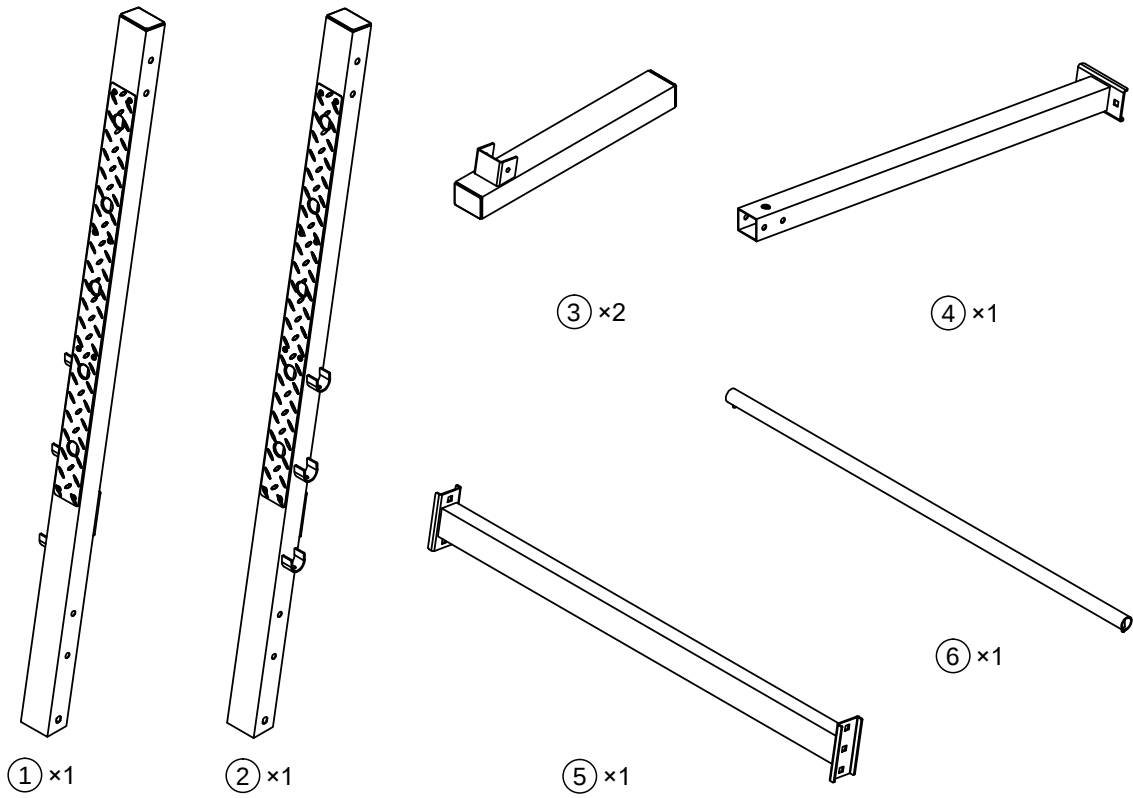
MD-857

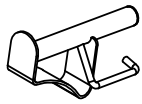


IMPORTANT: Please read the Important Safety Notice and Assembly Information in the Owner's manual before assembling this product.

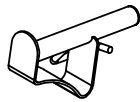
Assembly Manual

201216

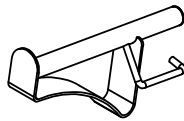




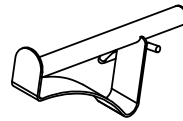
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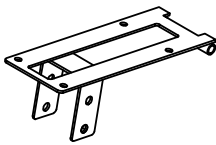
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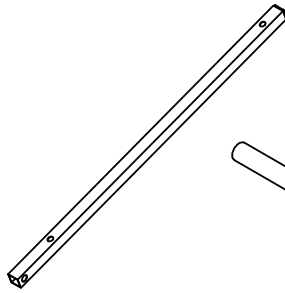
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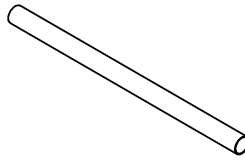
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②⑦ ×1



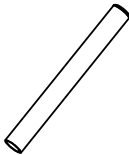
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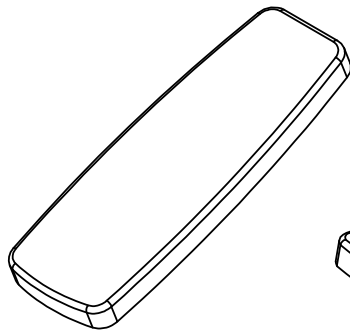
②② ×3



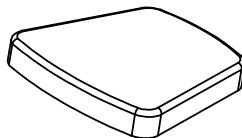
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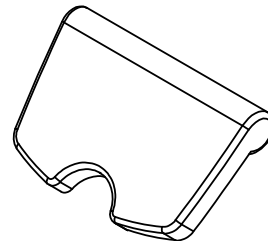
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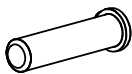
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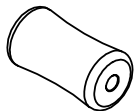
②⑦ ×1



②⑧ ×1



③⑦ ×3



③① ×6



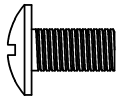
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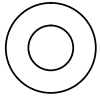
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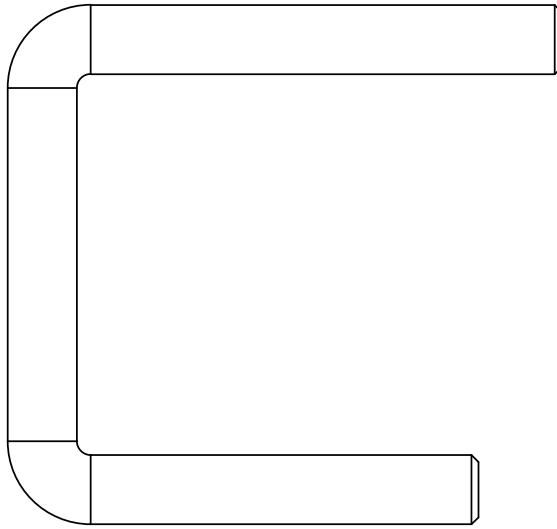
⑤② ×1



④⑦ M6 x 1/2" x 1

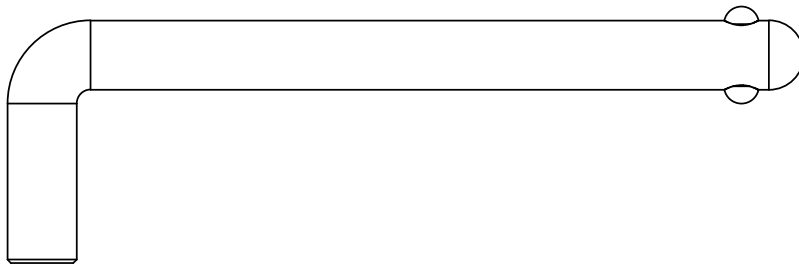


④⑧ Ø 1/2" x 1

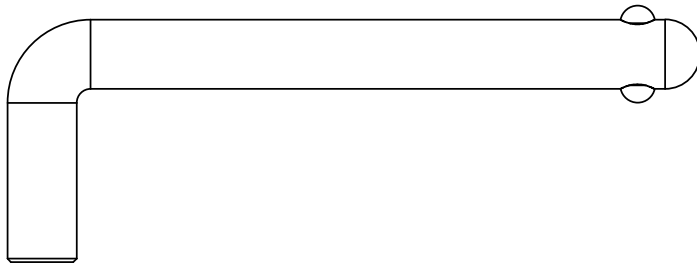


④⑨ x 1

⑤⑩ x 1

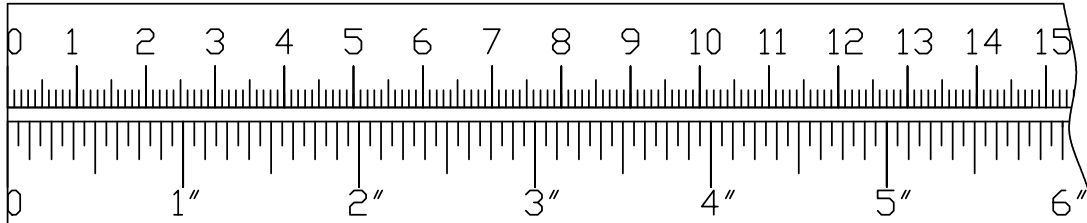


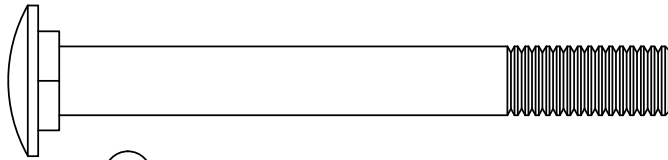
⑤① 4 1/2" x 2



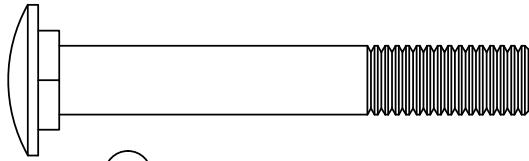
⑤③ 4" x 1

mm

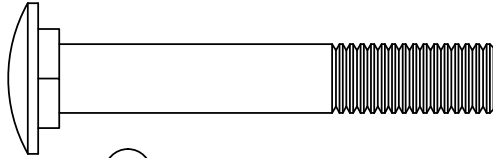




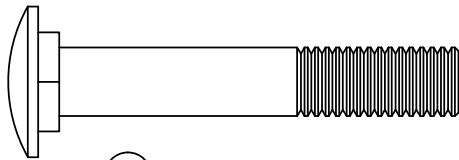
⑤⑥ M10 x 3 1/2" x4



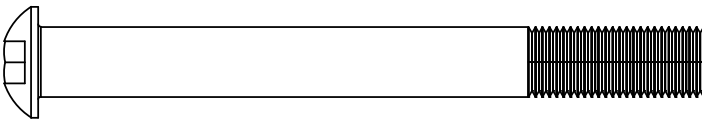
⑤⑦ M10 x 2 3/4" x2



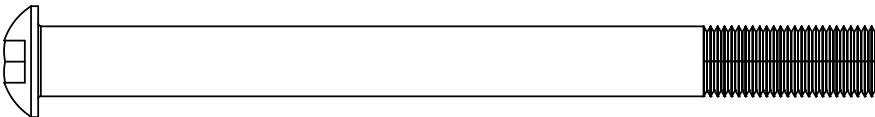
⑤⑧ M10 x 2 1/2" x1



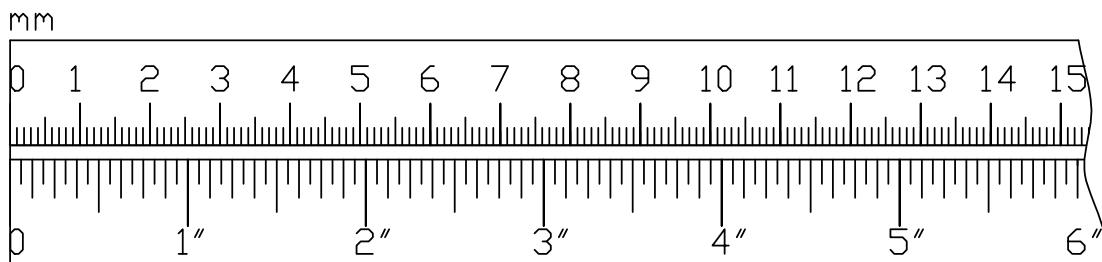
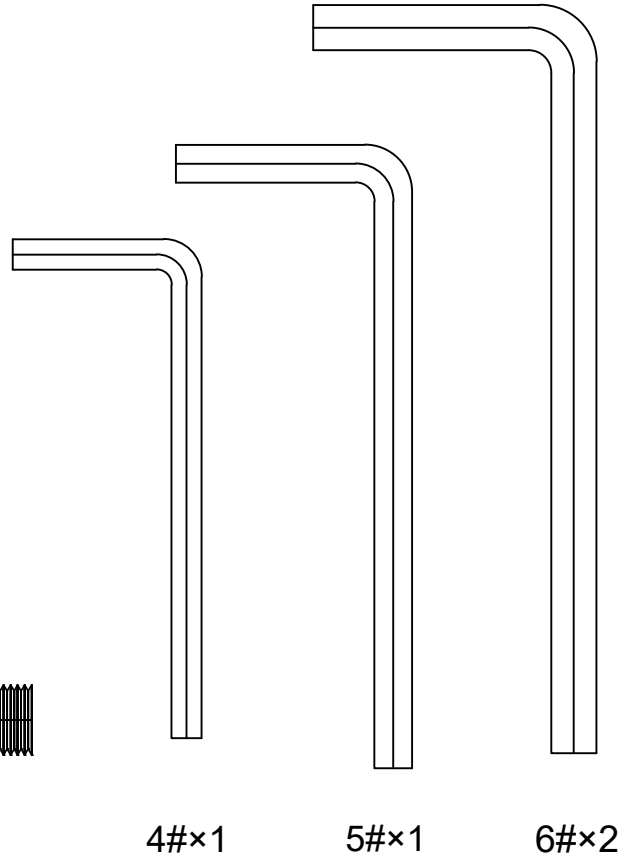
⑤⑨ M10 x 2 3/8" x2

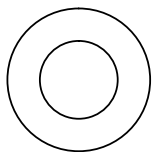
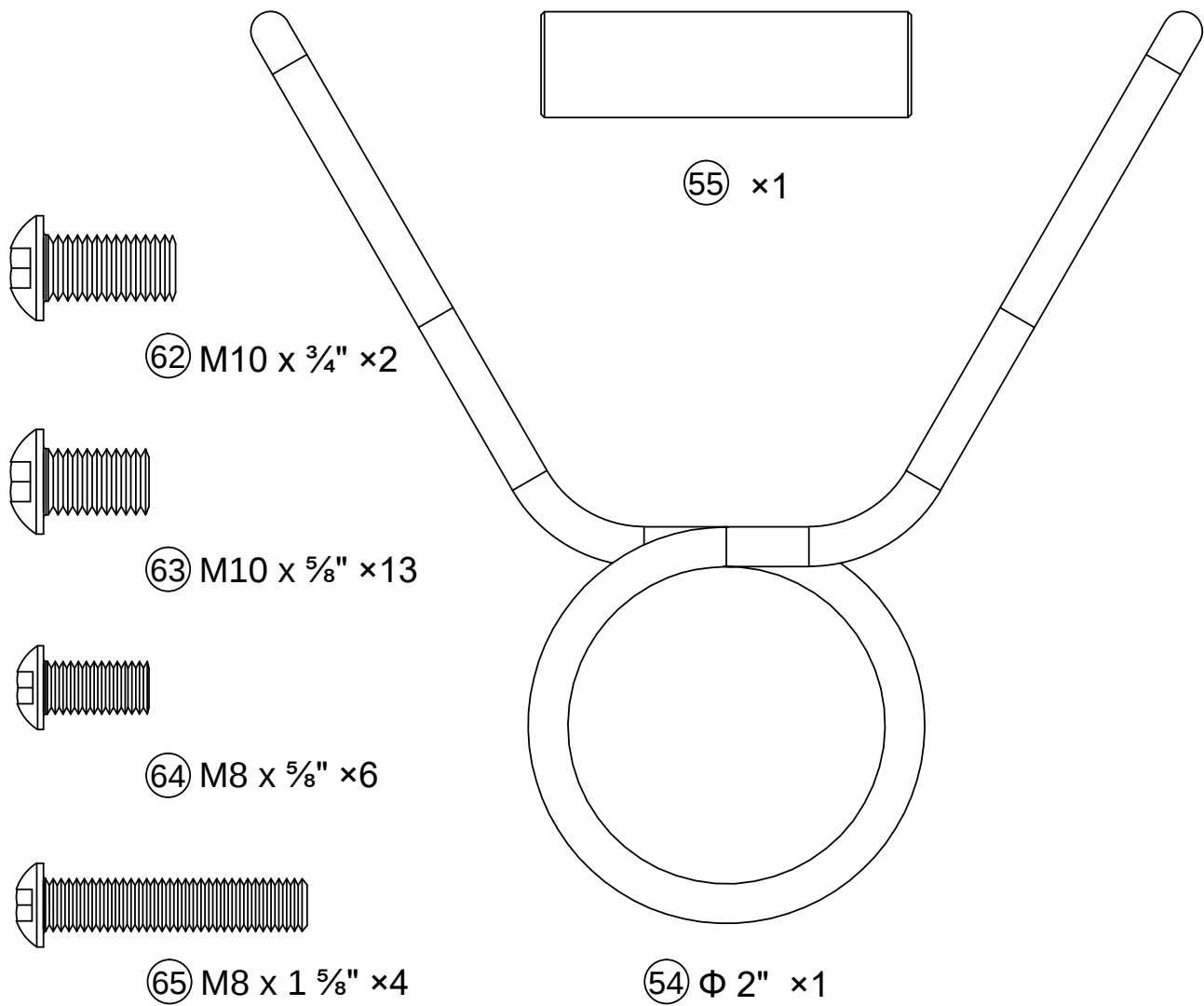


⑥⑩ M10 x 3 3/4" x2

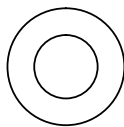


⑥① M10 x 4 3/4" x1

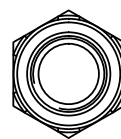
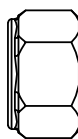




(66) $\varnothing \frac{3}{4}$ " x30

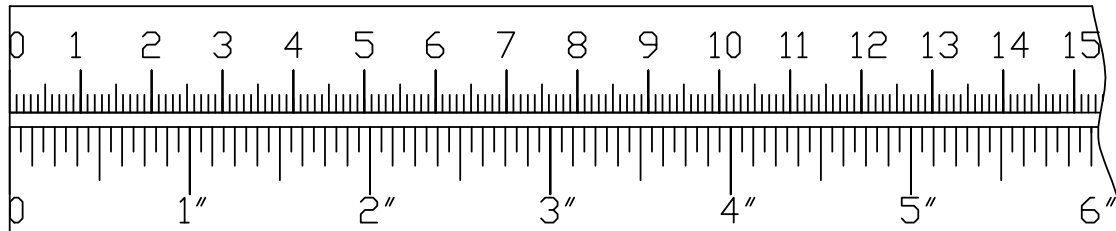


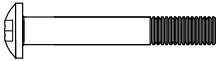
(67) $\varnothing \frac{5}{8}$ " x10

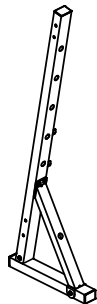
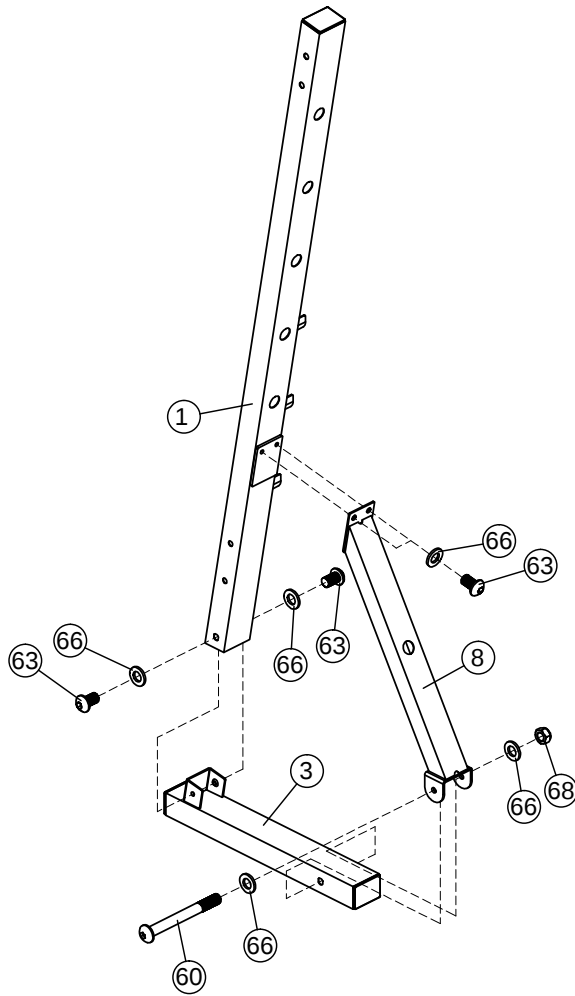
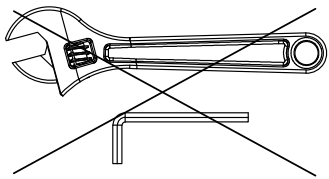


(68) M10 x12

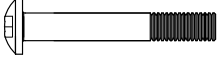
mm

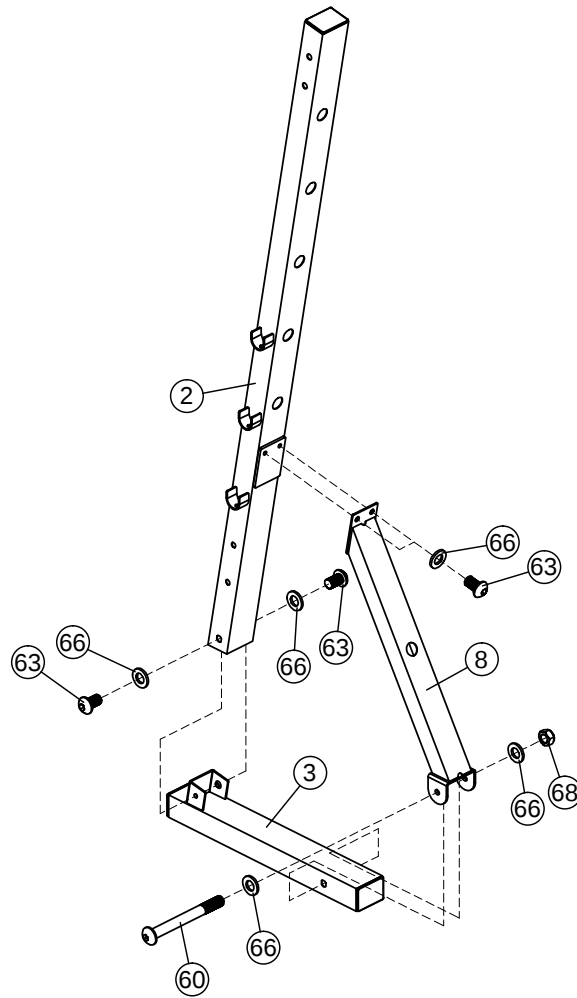
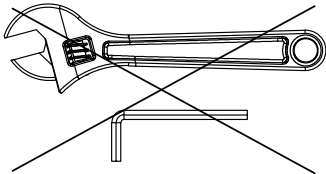


- | | | | | | | | |
|----|---|-----|------------|----|--|-----|-----------|
| ⑥0 |  | × 1 | M10×3 3/4" | ⑥3 |  | × 4 | M10× 5/8" |
| ⑥6 |  | × 6 | Φ 3/4" | ⑥8 |  | × 1 | M10 |

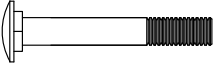


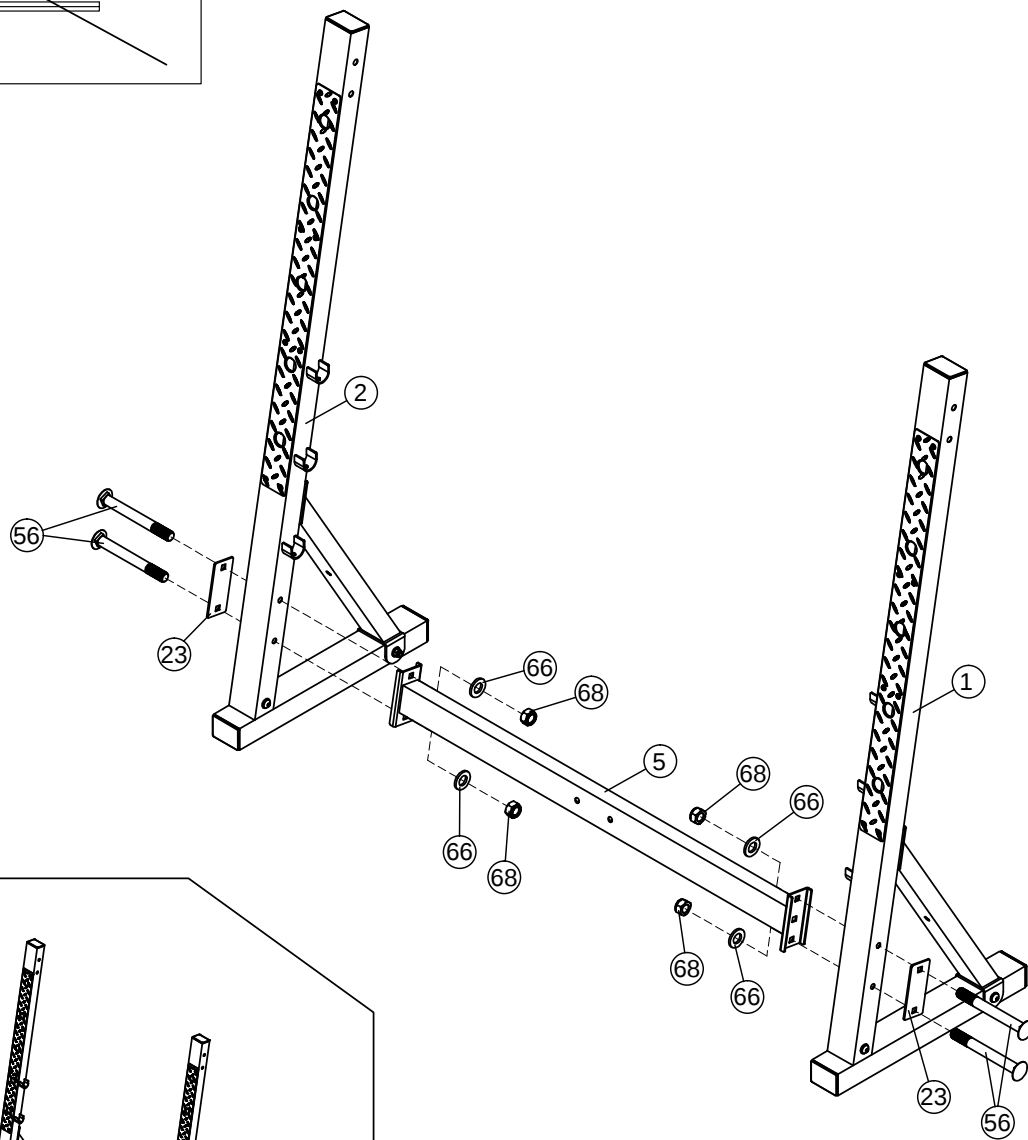
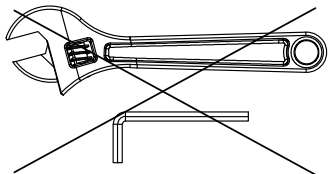
1

- (60)  × 1 M10×3 3/4" (63)  × 4 M10× 5/8"
 (66)  × 6 Φ 3/4" (68)  × 1 M10



2

56		×	4	M10×3 1/2"
66	 	×	4	Φ 3/4"
68	 	×	4	M10



3

63



x 3

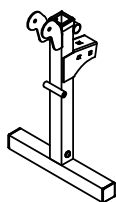
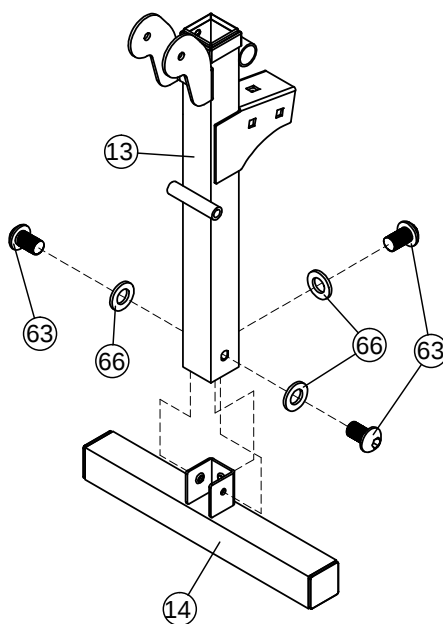
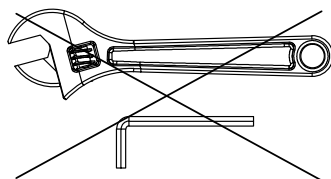
M10x 5/8"

66

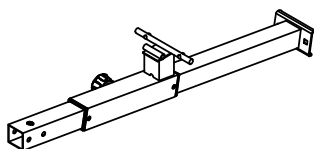
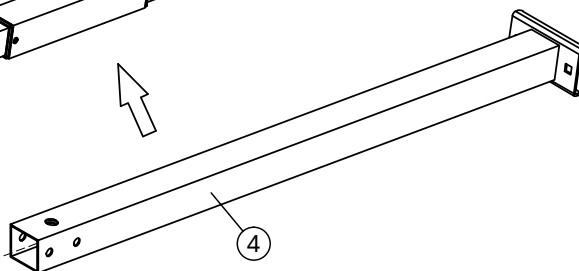
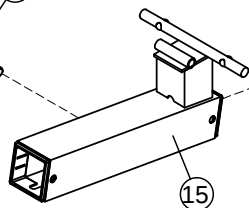
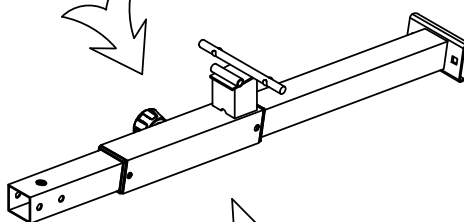
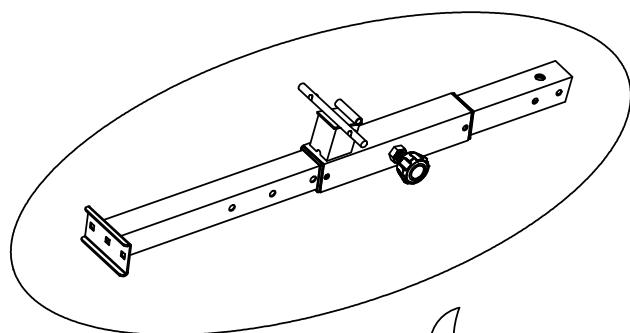
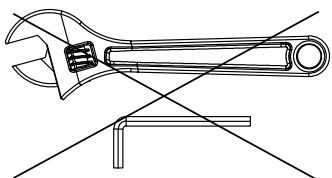


x 3

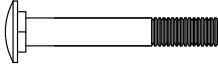
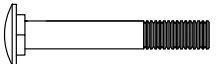
Φ 3/4"

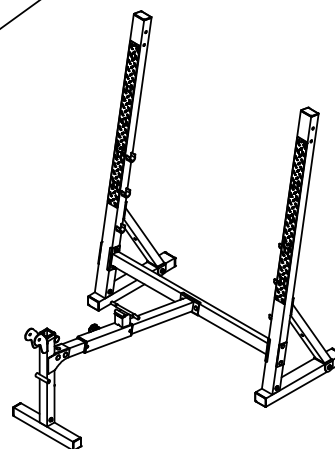
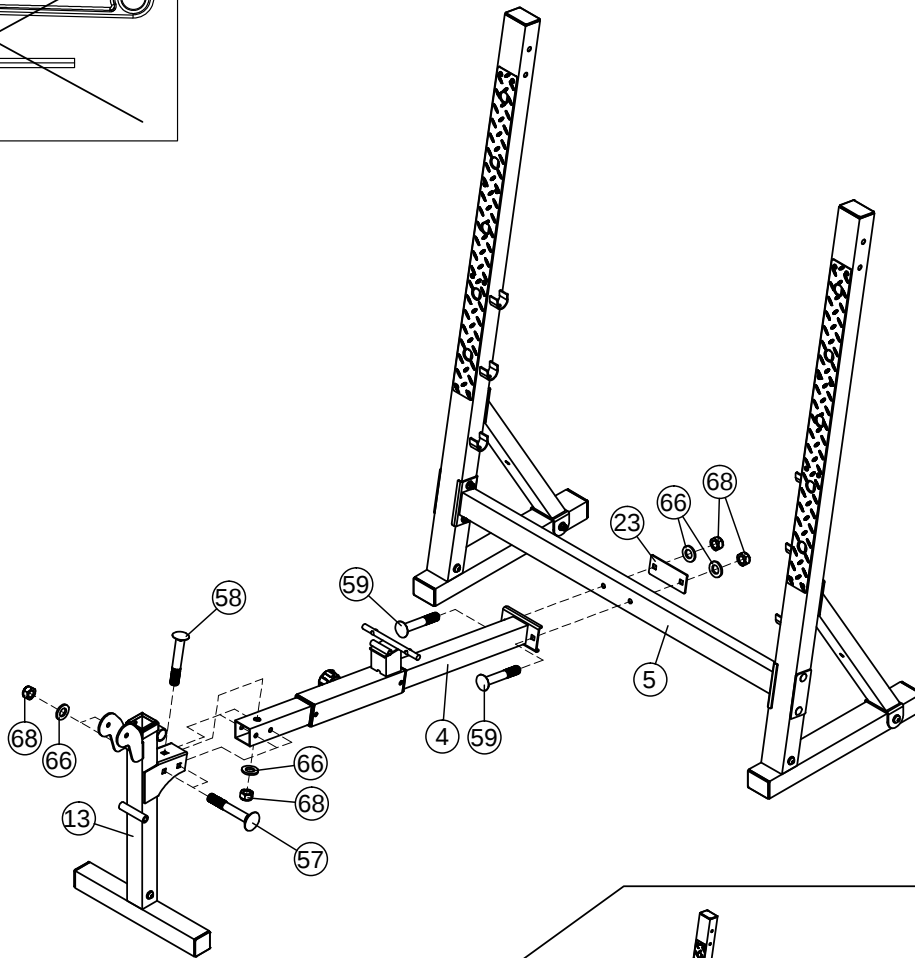
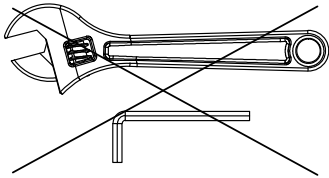


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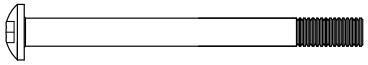
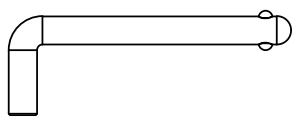


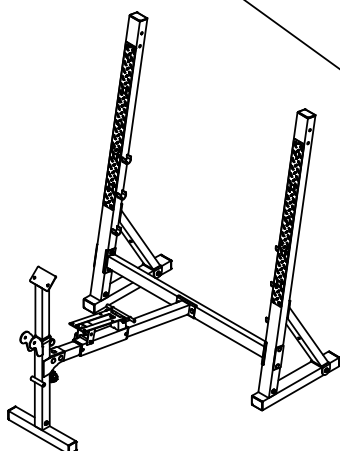
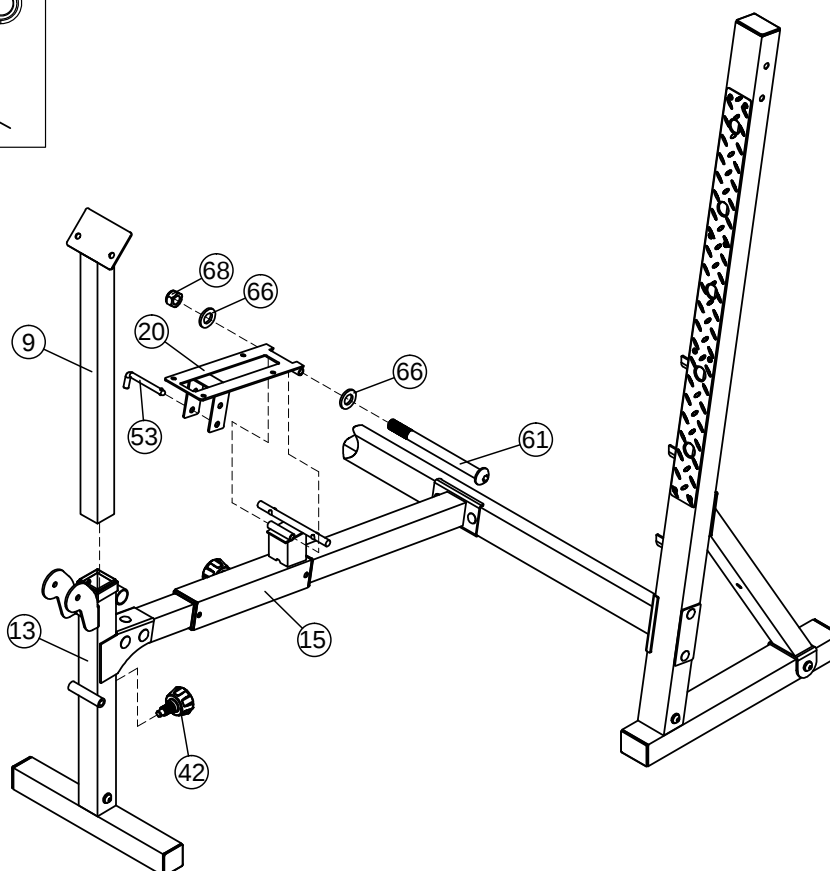
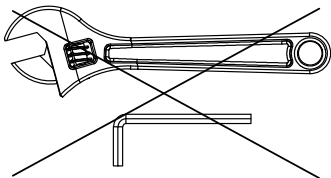
5

- | | | | | | | | |
|------|---|-----|------------|------|---|-----|--------|
| (57) |  | × 2 | M10×2 3/4" | (66) |  | × 5 | Φ 3/4" |
| (58) |  | × 1 | M10×2 1/2" | (68) |  | × 5 | M10 |
| (59) |  | × 2 | M10×2 3/8" | | | | |

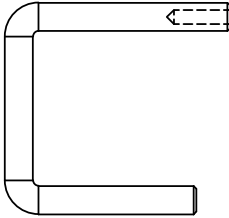


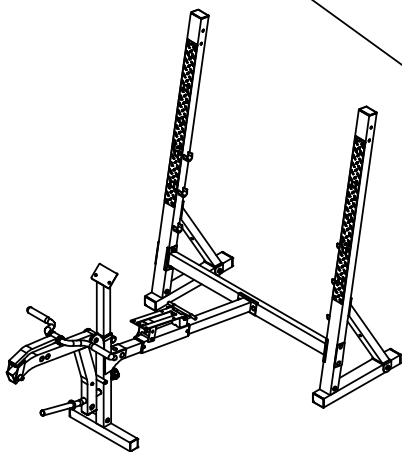
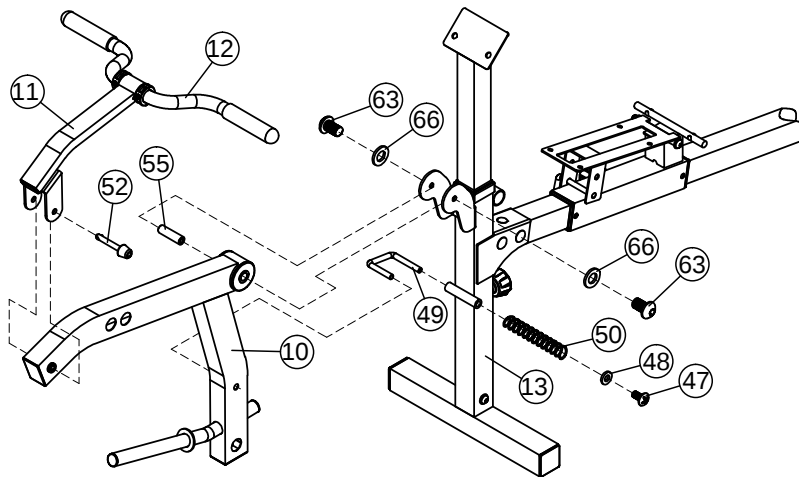
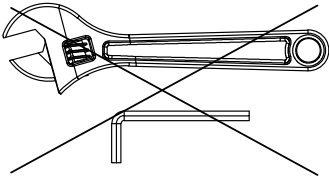
6

- (61)  × 1 M10×4 3/4" (66)  × 2 Φ 3/4"
 (53)  × 1 4" (68)  × 1 M10



7

- (47)  × 1 M6× 1/2" (48)  | × 1 Φ 1/2"
 (49)  × 1 (50)  × 1
 (55)   × 1 (63)  × 2 M10× 5/8"
 (66)  | × 2 Φ 3/4"



65



× 4

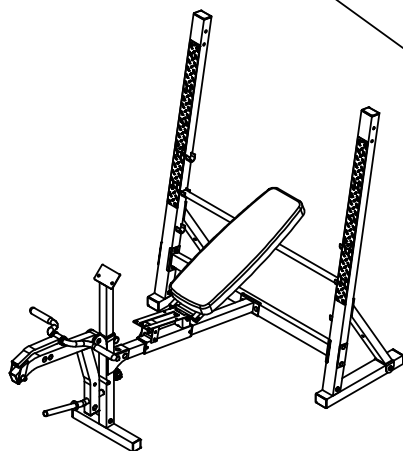
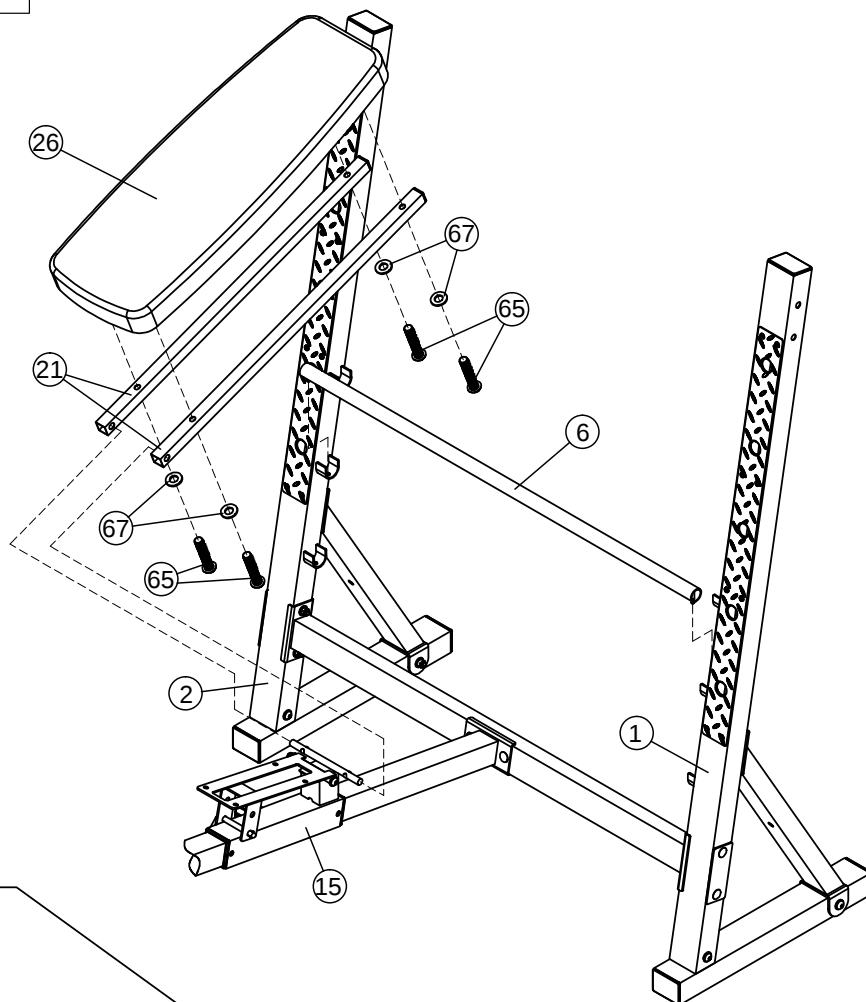
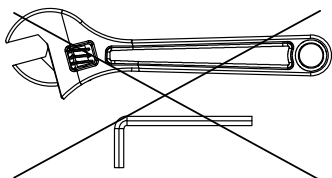
M8×1 5/8"

67



× 4

Φ 5/8"



9

64



× 6

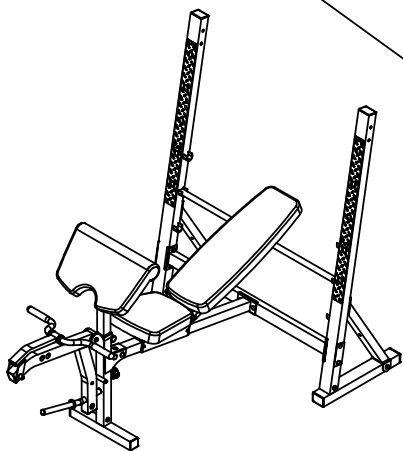
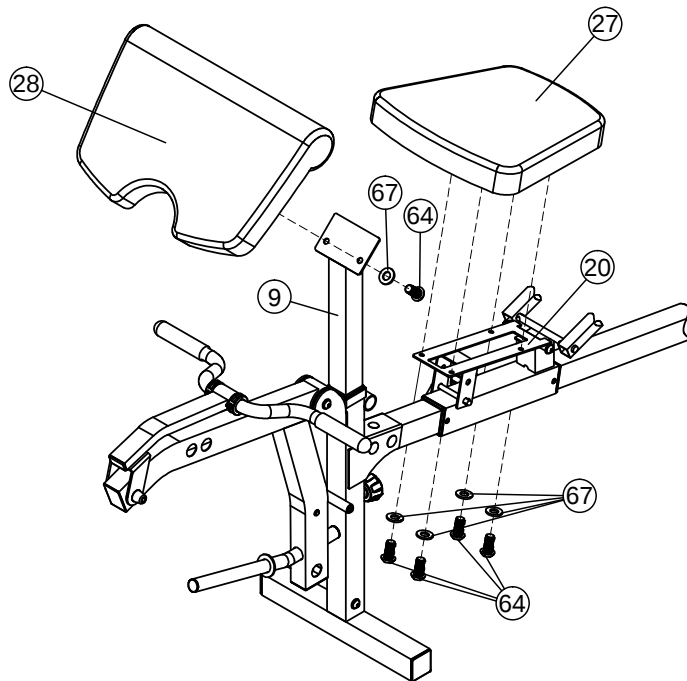
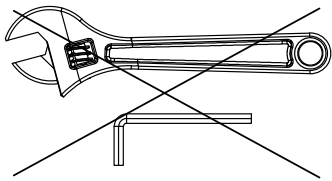
M8× 5/8"

67



× 6

Φ 5/8"



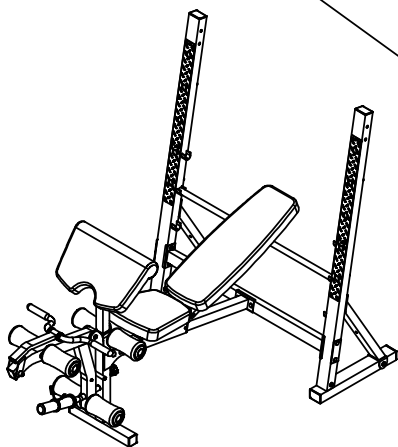
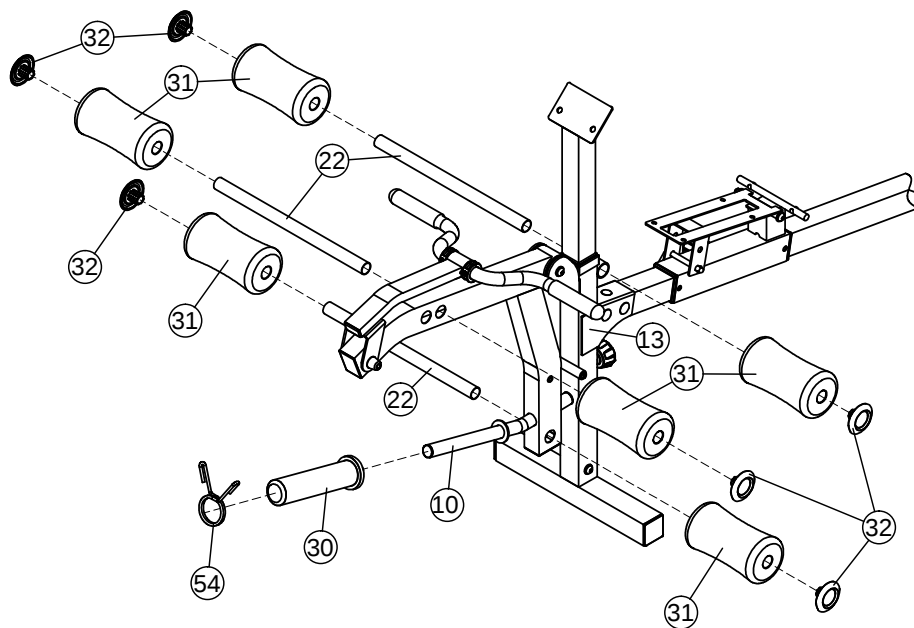
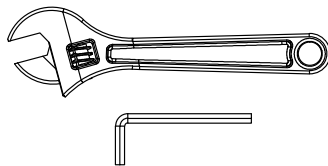
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54

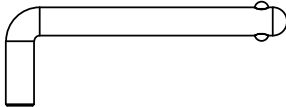
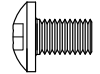


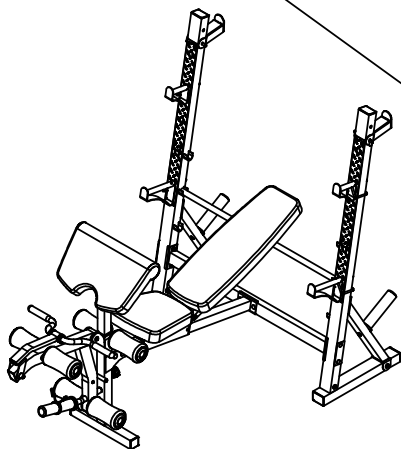
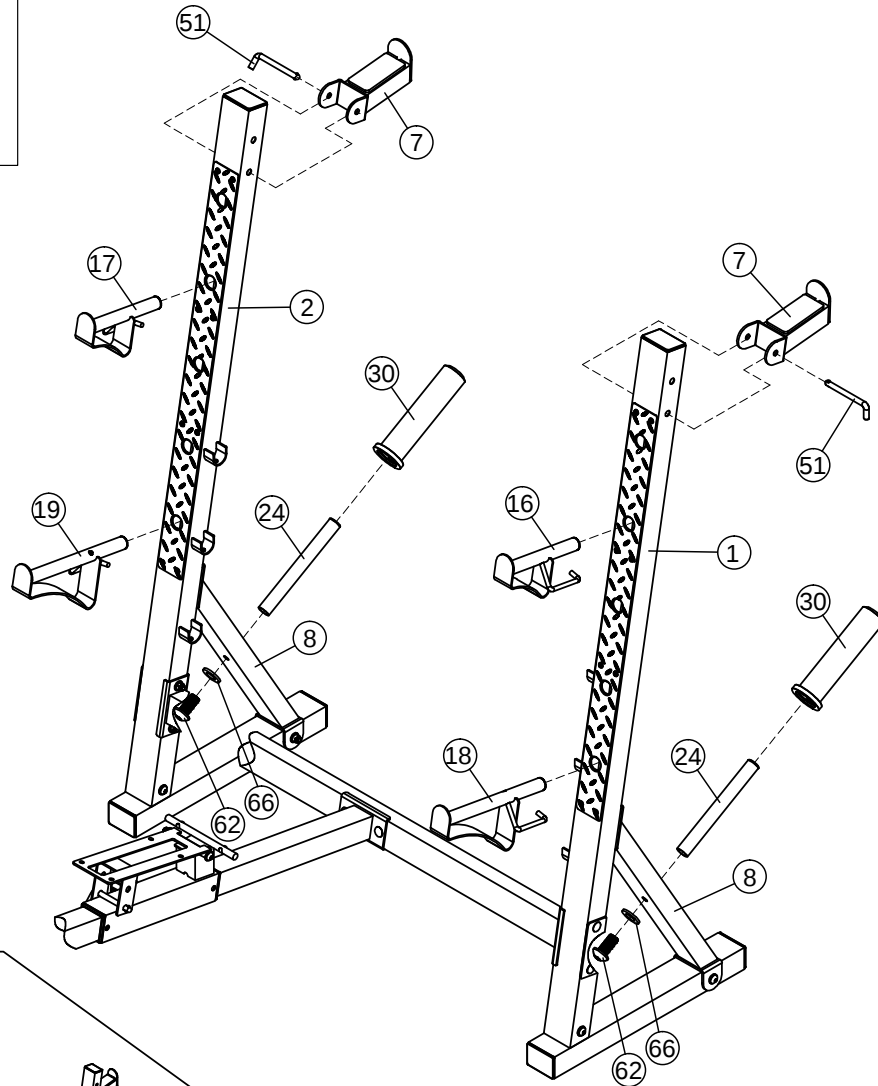
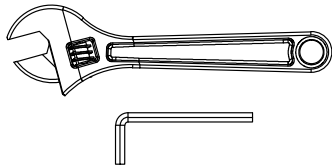
× 1

Φ2"

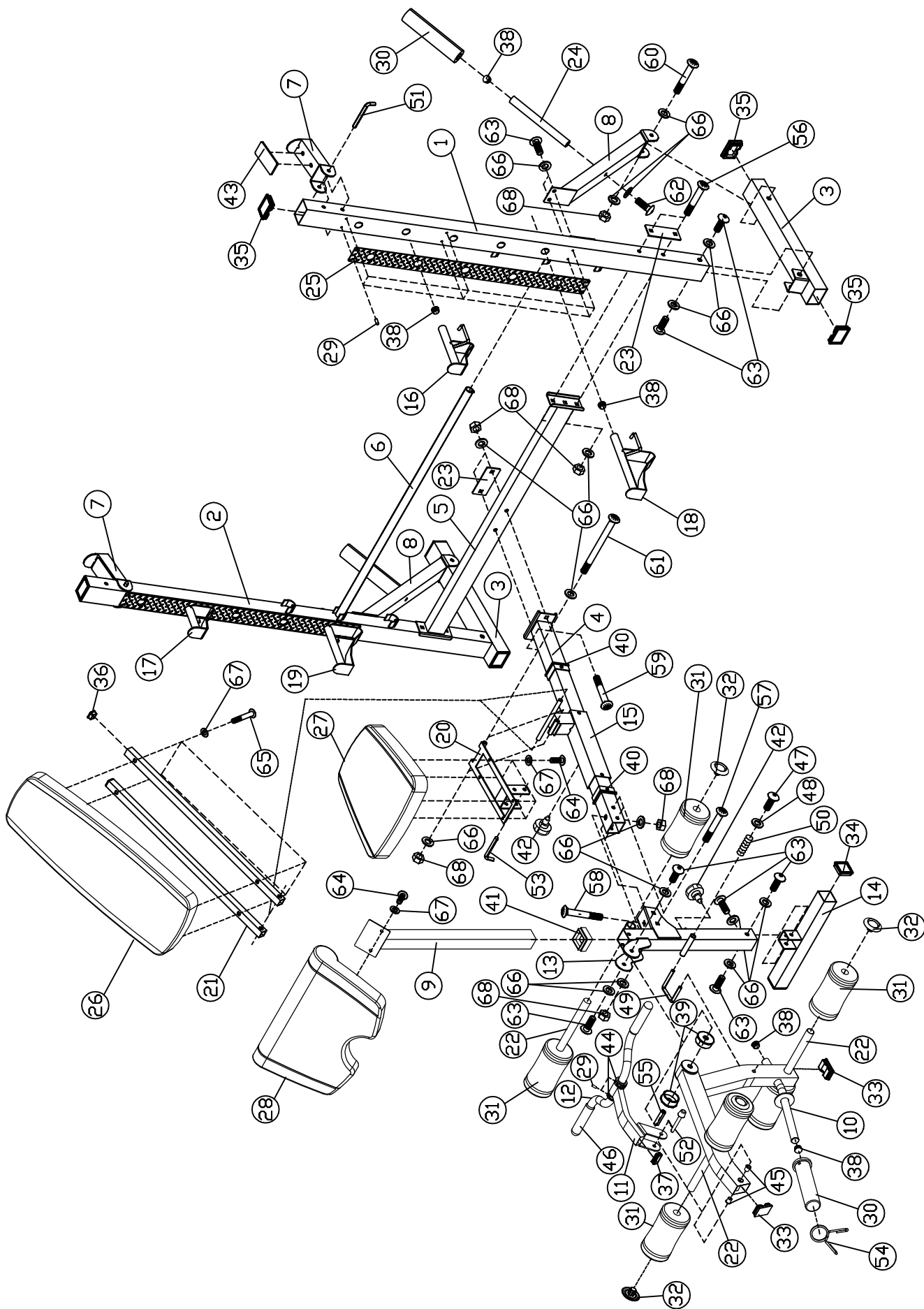


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- (51)  × 2 4 1/2" (66)  × 2 $\Phi \frac{3}{4}"$
- (62)  × 2 M10 × 3/4"



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